

**The Canadian Sailors'
Soldiers' and Airmen's**

Leave Guide

for
London

CANADIAN



FOR MAP SEE INSIDE BACK COVER

GOING TO LONDON

YOU are going to London on a few days' leave, with a little money in hand, and you want, of course, to make the most of your time and your money. This little Guide is given you with real goodwill by the Canadian Y.M.C.A. to help you save time and money while seeing London. You will find here a list of places where to sleep and have breakfast at moderate cost, where to meet Canadian friends, and to find information about seeing the sights and enjoying the shows. A few friendly hints are given that may save you trouble and expense, and there's a handy map of central London at the end of the booklet. The Canadian Y.M.C.A. want you to have a good time on your London leave. Be very sure of that ; and don't hesitate to bring along to them any leave problem you may have. Don't worry over it all by yourself. Canadian Y.M.C.A. helpfulness is here for you. You have only to ask for it. Before leaving for London see your Y.M.C.A. Supervisor. You'll find his advice useful.

PLAN YOUR LEAVE

TO get the best out of your leave, and make the most of every precious moment of it, try and plan out your leave-time before you start. In this your Y.M.C.A. Supervisor at Camp can probably help you. Planning beforehand will save you time and trouble, with the advantage that you can always vary a plan if need be, but you can't do half as well with your time if you just go haphazard.

Good places to stay and sleep in aren't found by just taking a chance ; and it's no fun trying to sleep on benches in railway stations. Save yourself that sort of unpleasant experience. Select your sleeping quarters in advance with the help of the Canadian Y.M.C.A. There's a list of good places for bed and breakfast in this Leave Guide.

Take enough money with you, and take care of it. Don't have it all in one pocket or in one wallet. Let the "Y" advise you where to leave some on deposit to be drawn on from day to day as you may need it. Set aside enough for your return to camp in comfort. Spend carefully ; count your change ; be wary of any new-found "friend" offering to "keep your money safe for you," or eager to help you spend it. Be courteous, but Be Careful.

FIRST THINGS TO DO WHEN

WHETHER you arrive in London by daylight or after dark, **one of the first things to do is to make sure of your quarters for the night.** If you are going to a Hostel recommended to you by the "Y" Supervisor at Camp, find out the best way to reach it. Ask at the "Y" Information Bureau at the Railway Station where you arrive, and you will be clearly directed. Or you may go to the excellent Information Bureau at the Beaver Club, which is associated with the Canadian Y.M.C.A., and which is easily found quite close to Trafalgar Square. **Then you should call at your Hostel and confirm that they can put you up for the night.** Make a note of the address, and of the nearest Tube Station, so that when you go out and get about in London you can find your way back easily even in the "black-out."

You'll "park your gear" at the Hostel, but you'll find it convenient also to have a central place in London where you can drop in during the day, have a wash, write a letter or two, meet a friend, leave a parcel, perhaps, have a meal, play a game, or just rest and read your home-town newspapers from Canada. The Beaver Club, quite near

YOU ARRIVE IN LONDON

to Canada House, is just the place for that. It makes an excellent rendezvous, or handy headquarters for your daytime activities in London, a good centre for any sight-seeing you may want to do. At the Beaver Club you will find a complete service in operation to help you ; and at other convenient points in London there are Canadian "Y" Clubs of full and helpful service. The British Y.M.C.A. everywhere very kindly extend their hospitality and service to Canadians ; but Canadians are of course, more likely to meet most of their Canadian friends at the Beaver Club and the four Canadian Y.M.C.A. Clubs in London which you will find listed overleaf.

Having made sure of your sleeping quarters, where to leave your things, and where to rest and refresh yourself during an active day, you are in fairly good shape to begin going places and seeing what there is to see in London. You'll find the folk in London friendly and helpful for the most part, particularly as to finding your way about ; but beyond that, be just a little careful : over-friendliness from a stranger isn't always as kind as it may appear to be : your own good sense coupled with courtesy, however, will keep you right.

CANADIAN Y.M.C.A. CLUBS

Lexham Gardens Club—32-38, Lexham Gardens, W.8. ('Phone : WESTern 6471/2)

Queen's Gardens Club—45-47, Queen's Gardens, W.2. ('Phone : PADddington 2051).

Leinster Gardens Club—19-21, Leinster Gardens, W.2. ('Phone : PADddington 6088).

Queensborough Club—61-67, Queensborough Terrace, W.2. ('Phone : BAYs-water 4268).

Rates :—Single and double rooms, Bed and Breakfast 2s. 6d. Other meals at reasonable prices.

These four clubs offer full facilities of programmes, information regarding tours, entertainments, etc., for Canadian soldiers, sailors, and airmen.

Book your room immediately upon arrival in London.

Knights of Columbus C.A.H. HOSPITALITY SERVICE

While on leave, if you desire accommodation in a private home, information on personal problems, personal tours and leave entertainment, you may always secure this from K. of C. Hospitality Bureau, 11a, Lower Regent Street, S.W.1.

'Phone : WHItchall 4944.

YOUR MEALS IN LONDON

THERE are all kinds of good places where you can get a meal at a moderate price in London, and some restaurants make a feature of Canadian items on the menu. At the Beaver Club Canteen Canadian fare is the rule. Most hostels for Canadian soldiers supply bed and breakfast quite cheaply, as will be seen from the list given. Lunch or supper can be obtained at convenient canteens or restaurants when out and about in London, and there are many snack bars at which light meals are quickly served at small prices. London's more luxurious restaurants are landmarks of their districts, and worth visiting, though you may not find them always easy on a slender purse. You will find, however, the menus served with supreme skill, courtesy and good taste ; and in some large and palatial restaurants popular prices are the rule.

GOOD PLACES IN LONDON FOR

FIRST and foremost for Canadians on leave in London is the need for a good place for bed and breakfast at moderate cost. Here the Canadian Y.M.C.A. offer you a list of modestly priced places where you can sleep comfortably and have a morning meal. Some of them are under Canadian or British "Y" or other good auspices: all are comfortable, and with a kindly welcome for Canadian Forces on London leave. Some are reserved exclusively for members of the overseas forces. Names of these London Hostels and Services Clubs are given with their addresses and telephone numbers, the nearest Underground Station, and their rates for bed (with or without bath). Cost of breakfast is from 6d. to 1s. except where (as in some cases) an inclusive rate is quoted. Early application for bed is advised as prices for beds are subject to a 25 per cent. increase after 10 p.m. In the list which follows, hostels and clubs given are grouped according to their nearness to principal railway centres or well known areas of London. At the end of the list particulars are given of an arrangement made with the Canadian Y.M.C.A. by which Canadian Navy, Army, and Air Officers may be accommodated for the night at certain Clubs.

"BED AND BREAKFAST"

WATERLOO AREA

Y.M.C.A. Westminster. In Old Westminster Hospital Building, S.W.1. 'Phone ABBey 2650. Rate for Bed and bath, 1s. Nearest Underground Station, St. James's Park.

Y.M.C.A. Strand (Gatti's), 436, Strand, W.C.2. 'Phone TEMple Bar 3743. Rate for Bed and Bath 1s. Nearest Underground Stations, Strand, Charing Cross, or Trafalgar Square.

Union Jack Club, 91, Waterloo Road, S.E.1. 'Phone WATERloo 5739. Rate for Bed (without bath), 1s. and 1s. 9d. Nearest Underground Station, Waterloo.

VICTORIA AREA

Knights of St. Columba, 16, Eaton Square, S.W.1. 'Phone SLOane 2466. Rate for Bed and Bath 1s. Nearest Underground Station, Victoria.

Red Shield, Victoria, 300, Vauxhall Bridge Road, S.W.1. 'Phone VICToria 6492. Rate for Bed (without bath) 1s. Nearest Underground Station, Victoria.

Maple Leaf Clubs

Club 1 (Canadian Red Cross), Moreton Street, Vauxhall Bridge Road, S.W.1. 'Phone VICToria 6970.

GOOD PLACES IN LONDON FOR

Club II, III, Cromwell Road, S.W.
'Phone FRObisher 2782. Rate for Bed,
Breakfast and Bath 2s. 6d.

PADDINGTON AREA

Queen's Gardens Club (Canadian
Y.M.C.A.) (Reserved for Overseas Forces).
45, Queen's Gardens, W.2. 'Phone
PADddington 2051. Rate for Bed and
Breakfast 2s. 6d. Nearest Underground
Station, Queen's Road.

Leinster Gardens Club (Canadian
Y.M.C.A.) (Reserved for Overseas Forces)
19, Leinster Gardens, W.2. 'Phone,
PADddington 6088. Rate for Bed and
Breakfast 2s. 6d. Nearest Underground
Station, Queen's Road.

Queensborough Club (Canadian Y.M.C.A.),
61-67, Queensborough Terrace, W.2.
'Phone BAYswater 4268. Rates : Single
and Double Rooms, Bed and Breakfast
2s. 6d., other Meals at reasonable prices.
Nearest Underground Station, Queen's
Road.

Lancaster Gate Hotel (K. of C.), 74,
Lancaster Gate, W.2. 'Phone PADddington
3728.

Albion Court Hotel (K. of C.), 37,
Leinster Gardens, W.2. 'Phone PAD-
ddington 5857. Nearest Underground,
Lancaster Gate Station.

"BED AND BREAKFAST"

Cartwright Gardens (Canadian Legion).
'Phone EUSton 5526. Rate for Bed and
Breakfast 2s. 6d. Nearest Underground,
Euston or King's Cross.

NORTHERN TERMINI AREA

Canadian Legion Club (Reserved for
Overseas Forces), 201, Gower Street,
N.W.1. 'Phone EUSton 5511. Rate for
Bed and Bath 2s. 6d. Nearest Under-
ground Station, Euston Square.

Canadian Red Shield Clubs (Reserved for
Overseas Forces), 101, Southampton Row,
W.C.1. 'Phone MUSeum 1400. Rate for
Bed and Breakfast 2s. 6d. and 3s. Nearest
Underground Station, Russell Square.

KENSINGTON AREA

Lexham Gardens Club (Canadian
Y.M.C.A.) (Reserved for Overseas Forces),
32-38, Lexham Gardens, W.8. 'Phone
WESTern 6471. Rate for Bed and Break-
fast 2s. 6d. Nearest Underground Station,
Earl's Court.

American Eagle Club (Reserved for Over-
seas Forces), 16, Princes Gardens, S.W.7.
'Phone KENSington 1191. Rate for Bed
and Breakfast 2s. 6d. Nearest Under-
ground Station, Knightsbridge.

FOR CANADIAN OFFICERS

King George's Y.M.C.A. Club, 105, Piccadilly, W.1. 'Phone GROsvenor 1218. Bed and Breakfast 7s.

Air Force Officers' Club, 8, Cadogan Gardens, S.W.3. 'Phone SLOane 6679. Bed and Breakfast 6s. 6d.

Canadian Officers' Club Room, 26, Cockspur Street, S.W.1. 'Phone ABBey 6711.

Canadian Nursing Sisters' Club, 59, Cromwell Road, S.W.7. 'Phone FRObisher 0449.

Canadian Red Cross Junior Officers' Club, 22, Stanhope Gardens, S.W.7. Bed and Breakfast 7s. 6d.

For the convenience of Canadian Army, Navy, and Air Force Officers arriving in London and requiring accommodation for the night, an arrangement has been made by the Canadian Y.M.C.A. with the Constitutional Club, Northumberland Avenue, W.C.2, by which Canadian Officers may secure a Card of Introduction at C.M.H.Q., Enquiry Desk, which will enable them to avail themselves of the Club's facilities for overnight accommodation at the moderate cost of 7s. per night. Northumberland Avenue is quite close to Trafalgar Square and Strand Underground Stations. No advance reservations can be made for Constitutional Club.

ENJOY YOUR LEAVE—BUT

BE CAREFUL both of your money and of yourself. Be careful in the blackout. Car and 'Bus drivers can't see pedestrians crossing the street in time to avoid accident. Look out for yourself. Be Careful where you go at night for entertainment. There are plenty of good places : there are some not so good. Be wary of " Free " admission to dubious night haunts from which it's hard to escape with any money left on you. London folk are friendly to soldiers from overseas, but don't mistake for pure friendship the very affectionate greeting of women who stroll idly about street corners. Be a little deaf and in a big hurry when you hear that. To loiter and listen may lead you into a heavier loss than just your pocket-book. You want to enjoy your leave without loss of money or peace of mind. The Canadian Y.M.C.A. can help you do that ; and if you do find yourself in any difficulty you can always count on the " Y " for advice and help. So Good Luck, and a Good Leave to You !

THE BEAVER CLUB

BEFORE you begin seeing London on your own, you should call and register at The Beaver Club. You are a member because you are one of the Canadian Forces. The Beaver Club is your Club. Its many facilities are for you. Use them. You'll find them very helpful. To reach the Beaver Club go to Trafalgar Square. The Club is just behind the buildings at the south-west corner of the Square, close to "Canada House" which you can't miss. You'll find an excellent Information Bureau in the Beaver Club ready to guide you in all possible ways towards making the most of your leave in London. Shows, sight-seeing, sports, money-matters, how to reach places in London where you have relatives or friends—all are included in Beaver Club Information Bureau service for you ; and much else besides. There's a place to check your kit or parcels free, and a safe-deposit for your valuables : you can have a bath or a shower, a shave and a shoe-shine in Canadian style. There's a quiet writing room, and a restful reading room where you can see your home-town papers.

CANADIAN CHAPLAIN SERVICE

THE Headquarters of the Canadian Chaplain Service is at Malaya House, Trafalgar Square. 'Phone ABBey 9090. The A.P.C.s welcome any opportunity to be of service to members of the Forces visiting London.

Go to Church when on leave.

Baptist

Bloomsbury Central, Shaftesbury Avenue.

Christian Science

First Church, Sloane Terrace, S.W.1.

Church of England

St. Paul's Cathedral, Ludgate Hill.

Westminster Abbey, Whitehall.

St. Martin's-in-the-Fields, Trafalgar Square

Presbyterian Church of England

Marylebone Presbyterian Church,

Edgware Road, W.1.

Roman Catholic

Westminster Cathedral, Victoria Street.

Brompton Oratory, Brompton Rd., S.W.7.

Church of the Jesuit Fathers, Farm Street
(Berkeley Square).

United Church of Canada

Westminster Central Hall (Methodist),
Whitehall.

Church of Scotland (Presbyterian),

Imperial Institute, S.W.7.

Westminster Chapel (Congregational),
Buckingham Gate.

BRITISH COLUMBIA SERVICES CLUB

IN British Columbia House, 1, Regent Street, S.W. 1 (Phone WHitehall 1814), just south of Piccadilly Circus, an excellent Canteen and Recreation Centre is open for all Canadians. The Canteen was established by the London Office of The British Columbia Government under Y.M.C.A. auspices in December, 1939, giving a Canadian welcome and serving Canadian foods at easy-on-the-pocket prices. The Government has made available rest and recreation rooms, with Canadian newspapers, magazines, games, and acceptable comforts. British Columbia Services Club is close to Piccadilly Circus, as the Beaver Club is near to Trafalgar Square.

CANADIAN RED CROSS SOCIETY

THE Overseas Section of the Canadian Red Cross Society is active in the interests of Canadians in the Fighting Services. An information and Records Department is established at the London Headquarters, 20, Berkeley Square, W.1, and the Maple Leaf Club, Moreton Street, S.W.1, renders appreciated service to Canadian Soldiers.

GETTING AROUND IN LONDON

LONDON'S great system of Underground Railways gives you one of the swiftest and surest ways of getting quickly from place to place in London. Your first experience of the convenience of the London Transport Underground may well be on the short direct run from **Waterloo Station** via Charing Cross to **Trafalgar Square** for the Beaver Club. (Note the red dotted line on the map.) The Underground runs from clearly named stations to clearly named stations, and you know where to get off at.

You can, however, do a lot of seeing London by bus, which is also London Transport System. You can go anywhere worth while in London by bus, and see a lot of London from the bus as you travel. It takes a little longer to get familiar with the bus routes and stopping places, but you will find that London bus conductors are very helpful.

As to fares, three halfpence will take you a long way by bus or by Underground. Always have a few pennies in your pocket for bus fares.

SEE MAP AT END OF BOOK

MAP INDEX

Place	In Square	Place	In Square
	No.		No.
Admiralty Arch ...	C 3	Law Courts ...	D 2
Albert Memorial ...	A 4	Leicester Square ...	C 3
Aldford Street ...	B 3	Leinster Gdns. Club	A 2
Aldwych ...	D 3	Lexham Gdns. Club	A 4
Australia House ...	D 3	Lord's Cricket G'd	A 1
Baker St. Underg'd.	B 2	Madame Tussaud's	B 2
Bank of Montreal ...	C 3	Maple Leaf Hostel...	C 4
B.B.C. House ...	C 2	Marble Arch ...	B 3
Beaver Club ...	C 3	Marylebone Station	A 2
Birdcage Walk ...	C 4	Nelson Column ...	C 3
Bond St. Underg'd	B 3	Oxford Circus ...	C 2
British Columbia H.	C 3	Paddington Station	A 2
British Museum ...	D 2	Piccadilly Circus ...	C 3
Brompton Oratory	A 4	Queen's Gdns. Club	A 2
Buckingham Palace	C 4	Regent's Pk. Und'g'd	B 2
Bush House ...	D 3	Rotten Row ...	A 3
Canada House ...	C 3	Royal Academy ...	C 3
Canadian Legion C.	C 1	Royal Bk. of Canada	C 3
Central Y.M.C.A. ...	C 2	Russell Sq. Und'g'd	D 2
Cleopatra's Needle	D 3	Science Museum ...	A 4
C.N.R. Offices ...	C 3	Scotland Yard ...	D 4
C.P.R. Offices ...	C 3	Serpentine (The) ...	A 3
Covent Garden ...	D 3	Sloane Sq. Underg'd	B 4
Downing Street ...	C 3	St. James's Pk. U'd'g	C 4
Drury Lane Theatre	D 3	St. Pancras Station...	D 1
Eastbourne Terrace	A 2	Strand (The) ...	D 3
Eaton Square ...	B 4	Queensborough Club	A 2
Euston Square ...	C 1	Tottenham Ct. Rd.	
Euston Station ...	C 1	Underground ...	C 2
Goodle Street ...	C 2	Trafalgar Square ...	C 3
Grays Inn Road ...	D 1	Union Jack Club ...	D 3
Haymarket ...	C 3	University of Lond'n	C 2
Holborn ...	D 2	Victoria Station ...	B 4
Horse Guards ...	C 3	Victoria Underg'd...	C 4
Houses of Parliam't	D 4	Vauxhall Bridge Rd.	C 4
Hyde Park ...	A 3	Warren St. Underg'd	C 2
Imperial Institute ...	A 4	Waterloo Underg'd	D 4
Kensington Gardens	A 3	Westminster Abbey	C 4
King's Cross Station	D 1	" Cathedral ...	C 4
Kingsway ...	D 2	" "Y" Club ...	C 4
Knightsbridge ...	B 4	Y.M.C.A. (Central)	C 2
Lambeth Palace ...	D 4	Zoo (The) ...	B 1

Continued from Back Cover

War Services Funds Advisory Board. These profits are not available to the organisations; the manner in which they will ultimately be used is the responsibility of the Canadian Government.

Each organisation has voluntarily accepted a leading project as its particular responsibility, to be carried out on behalf of all four :—

Y.M.C.A.—Leadership in all sports, including Ice-Hockey. Joint purchasing of canteen supplies, the warehousing and forwarding of these, together with all other supplies required by the four organisations, for use in theatres of war outside of the United Kingdom. Handicraft programmes in co-operation with the Legion.

Knights of Columbus.—The operation of hospitality and leave arrangements Bureaux, and Conducted Tours. Provision of instruments for use of unit orchestras.

Canadian Legion.—Administration of co-operative committee on Concerts. Training of Forces parties and hiring of professional parties. Formal educational activities and technical literature. Handicraft programmes in co-operation with the Y.M.C.A. Library services in co-operation with the other three organisations.

Salvation Army.—Purchase and rentals of all films, and operation of the Film Rota Bureau and Service Depot.

Each organisation contributes equally to the purchase of all library books, films, costs of concert parties, and shares in the distribution of free comforts such as Canadian magazines, newspapers, cigarettes, etc.

WHAT ARE THE FUNCTIONS OF THE FOUR CANADIAN AUXILIARY SERVICE ORGANISATIONS ?

**Welfare—Recreation—Education—
Social—Inspirational**

IN the United Kingdom, each unit of all the Canadian Services is served by one of the four Auxiliary Service Organisations. To avoid duplication of effort, each organisation has been allotted to specific Naval ships, Army Brigades or Units, and R.C.A.F. districts. For this reason all four organisations are not found to be working in all areas where Canadians are located. However, each organisation serves approximately one-quarter of the Canadians overseas.

Each organisation operates Leave Hostels, Town Recreation Centres, and functions in army barrack areas, on R.C.A.F. stations and in naval ships. Dry canteens are operated in many units upon the request of the Commanding Officers. Also each organisation operates mobile canteens on Army schemes, special training manoeuvres, for isolated operational units, or wherever they are needed.

The Senior Executives of the four organisations co-ordinate the work through a co-operative Committee, and there are Sub-Committees on Entertainment, Library Books, Purchasing of Supplies, etc.

All profits accruing from canteen operations are entirely controlled by the Canadian Government Overseas Committee of the

Continued on p. 3 of Cover

