

Take this with you when you visit London

The Canadian Soldier's
Leave Guide
for **London**
(SEE INSIDE FOR MAP)

YOU are going to London on a few days leave, with a little money in hand. You want to make the very most of the time and the money. This little Guide is given you with real goodwill by the Canadian Y.M.C.A. to help you save time and money while seeing a lot more of London than you might manage to do without its help. You will find here a list of places where to sleep, and eat, the way to see the sights, and enjoy the shows. Read here about THE BEAVER CLUB for Canadian Soldiers, right in the heart of London, easily reached, and with a warm Canadian welcome for you, and full service of refreshment, entertainment, recreation, information, advice, in fact everything you are likely to need. Canadian Y.M.C.A. helpfulness is there for you in abundance. You have only to come in and ask for it. The Canadian Y.M.C.A. wants you to have a good and profitable time on your London leave. Be very sure of that ; and don't hesitate to bring along to them any leave problem you may have in London.



Ask and
you'll find
the answer
in the

“ **Y** ”

Issued by The Canadian Y.M.C.A., C.A.S.F.
(Revised 2nd Edition)

The Beaver Club

What it has for you, and
How you can find it

A S a soldier of the C.A.S.F. you are a member of The Beaver Club, the Canadian Leave Centre for N.C.O.'s and men in London. Make for the Beaver Club whenever you come to London, and make The Beaver Club the hub of your interests and activities while on leave. You will find there a Canadian welcome, and every kind of comfort, help, information, advice, recreation, and entertainment you want. For every waking hour of the day or night the Beaver Club is yours. Come and go as you please. Make use of its facilities. Enjoy it.

To get there take the Underground Railway from WATERLOO Station to TRAFALGAR SQUARE. The Beaver Club is in Spring Gardens, at the South-West corner of Trafalgar Square, just back of the Admiralty Arch on The Mall, and just one block South of CANADA HOUSE. There are Direction Signs on lamp-posts pointing straight to the Club door. Walk in ; you're welcome.

The Beaver Club has no bedroom accommodation, but within its doors you will find an **INFORMATION BUREAU** staffed by Experts who are ready to answer your every question—where to sleep—what to do—anything, everything, you want to know. If you need personal advice on any problem, it's there for you

IT'S YOUR CLUB

JUST WALK RIGHT IN

INFORMATION BUREAU

There's a place to check your kit, free, and a safe deposit for your spare money or valuables. You can revel in baths, and showers, shave and freshen up in the self-shave, or in the Barber Shop, and you can have a

EVERY CONVENIENCE

SEEING LONDON

shoe-shine in Canadian style before you go out seeing London. And, by the way, sight-seeing tours of London are arranged by the Beaver Club and Canadian Y.M.C.A. as you will find on enquiry at the Information Bureau.

Good eats are going all the time in the Beaver Club Canteen. Canadian foods cooked and served in the Canadian manner make the place like home. The Canteen is lofty, spacious, and airy, splendidly equipped, and beautifully furnished in modern manner. The service is given by a group of Canadian and English ladies. Close by is the Soda Fountain and Snack Bar, bright up-to-date and appetising, with coffee—**real** coffee—and doughnuts, soft drinks, ice-cream, and short-order snacks—usually a busy place, especially when the entertainments and dances are on at night.

EXCELLENT CANTEN

Entertainment programmes, excellent and varied, feature big in the Beaver Club. Good music, concerts, amateur nights, lectures, and cinema film shows are given in the Canteen Assembly Hall in the evenings ; and here also, on one of the best dancing floors in London, delightful dances are held that go with a swing.

MUSIC AND DANCING

Recreation in the form of games has been well provided for. There are spacious lounges, attractively furnished, with full equipment for billiards, table tennis, darts, bagatelle, and provision also for the quieter enjoyment of chess, draughts, cards or Chinese checkers. In the quiet, too, of the Writing Rooms you can write your letters home

GAMES OR JUST QUIET

on Beaver Club note-paper freely supplied; and in the Reading Room and Lounges you can enjoy a book from the well-stocked library, or bring yourself up-to-date with the home news in your own hometown paper, for copies of the newspapers from every town in Canada come into the Beaver Club regularly.

CANADIAN NEWSPAPERS

Facilities for Sports have not been forgotten. The Canadian Y.M.C.A. has the co-operation of the British "Y" by which full facilities of Y.M.C.A. buildings in London, with their gymnasiums, swimming baths, squash courts, golf clubs, etc., are at disposal of men of the C.A.S.F. through their membership in the Beaver Club. Skating and Ice Hockey are abundantly available also through co-operation of London's Ice Rinks with the Canadian Y.M.C.A. and the Beaver Club. Full particulars are obtainable at the Information Bureau.

SPORTS AS DESIRED

Theatre tickets, and admission privileges for the many London shows which welcome men in uniform at specially low rates, can be obtained through the Information Bureau; and there too, you can find out the quick ways of getting to places in London and the surrounding district, or, if you require it, advice on travel to more distant places.

DOING THE SHOWS

Banking facilities are provided at the Beaver Club, and the West-end Branches of Canadian Banks are within easy reach. There are telephones, a Post Office, and a useful Shop where you can buy quite a few of the little things for which need may arise unexpectedly. There's Mending

POST OFFICE BANK, SHOP

MENDING OR MEDICINE

service too, for socks or other garments, some-one handy to sew a button on for you, or put in the "stitch in time." And there's Medical Service too, a Doctor and orderlies available to treat minor ailments, and give advice on matters of health in the friendly way that helps.

Home-like conditions and helpfulness, with entertainment and freedom for enjoyment of leave are what you will find in full measure at the Beaver Club. It is in fact, "a little bit of Canada" for you here in London—a Home away from Home for every Canadian soldier who enters its hospitable doors. Make full use of the Beaver Club when in London for everything except sleeping quarters, which the Club does not provide, but which can be found for you through the Information Bureau.

HOME-LIKE HELPFUL

British Columbia Services Club

IN British Columbia House, 1, Regent Street, S.W.1, just south of Piccadilly Circus, an excellent Canteen and Recreation Centre is open for all Canadian Soldiers. The Canteen is under Y.M.C.A. auspices, staffed and serviced by Canadian Ladies, giving a Canadian welcome and serving Canadian foods at easy-on-the-pocket prices. Here there are rest and recreation rooms, with Canadian newspapers, magazines, games, and acceptable comforts. British Columbia Services Club is the nearest Information Centre to Piccadilly Circus, as the Beaver Club is nearest Trafalgar Square.

Canadian Banks in London

Bank of Montreal—47, Threadneedle Street, E.C.2, and West End Branch, 9, Waterloo Place, S.W.1.
Bank of Nova Scotia—108, Old Broad Street, E.C.2.
Canadian Bank of Commerce—2, Lombard Street, E.C.4.
Dominion Bank—3, King William Street, E.C.4.
Royal Bank of Canada—6, Lothbury, E.C.2, and West End Branch, Cockspur Street, S.W.1.

Canadian Red Cross Society

THE Overseas Section of the Canadian Red Cross Society is active in the interests of Canadians in the Fighting Services. An information and Records Department is established at the London Headquarters, 20, Berkeley Square, W.1, and the Maple Leaf Club, Moreton Street, S.W.1, renders appreciated service to Canadian soldiers.

LONDON

See Map behind this page, and Note about the Beaver Club Seeing London Tours for Canadian Soldiers.

"SO this is London," says many a visitor looking for the first time over the gray buildings and green parks of Britain's great metropolis. "Some town," said a Canadian soldier the other day in the Strand. You may have some other phrase for your first impression of London. For London interests everybody in just the way that person chooses to be interested. London is Life—ever changing, but ever the same old London! If you like people, here they are in their millions, and every one of them with a story to tell.

Are you fascinated by ancient things of history? In the Tower of London there is history enough for a lifetime; there are ancient things of interest at every turn; and The Tower is only a little bit of Old London. If you like Science, see the Museums at South Kensington just for a start; and London has many other museums and libraries. London's art galleries are world famous.

As an amusement centre London is fascinatingly versatile. Entertainments in every form—theatres, cinemas, concerts, dances, revues, cabarets, pageants, galas, and the exhibition tournaments of the world of sport in all its branches, are all to be enjoyed in London. You can see strange animals at The Zoo, or admire tropical flowers in the quiet beauty of Kew Gardens. Big Ben towers over Westminster with the Abbey, and the Houses of Parliament beside the Thames.

Beyond, the Dome of St. Paul's Cathedral looms above the London of big business where you find the Bank of England, the Guildhall, and the Mansion House of the Lord Mayor. Not far away are The Tower, and the famous Tower Bridge. The Crown Jewels have always been kept in The Tower, which was once a Palace, but to-day the King and Queen have their London residence in Buckingham Palace to which you can walk in ten minutes along the Mall from the Beaver Club, so centrally situated for Canadian soldiers seeing London.

Some Safe "DONT'S" and Sensible "DO'S"

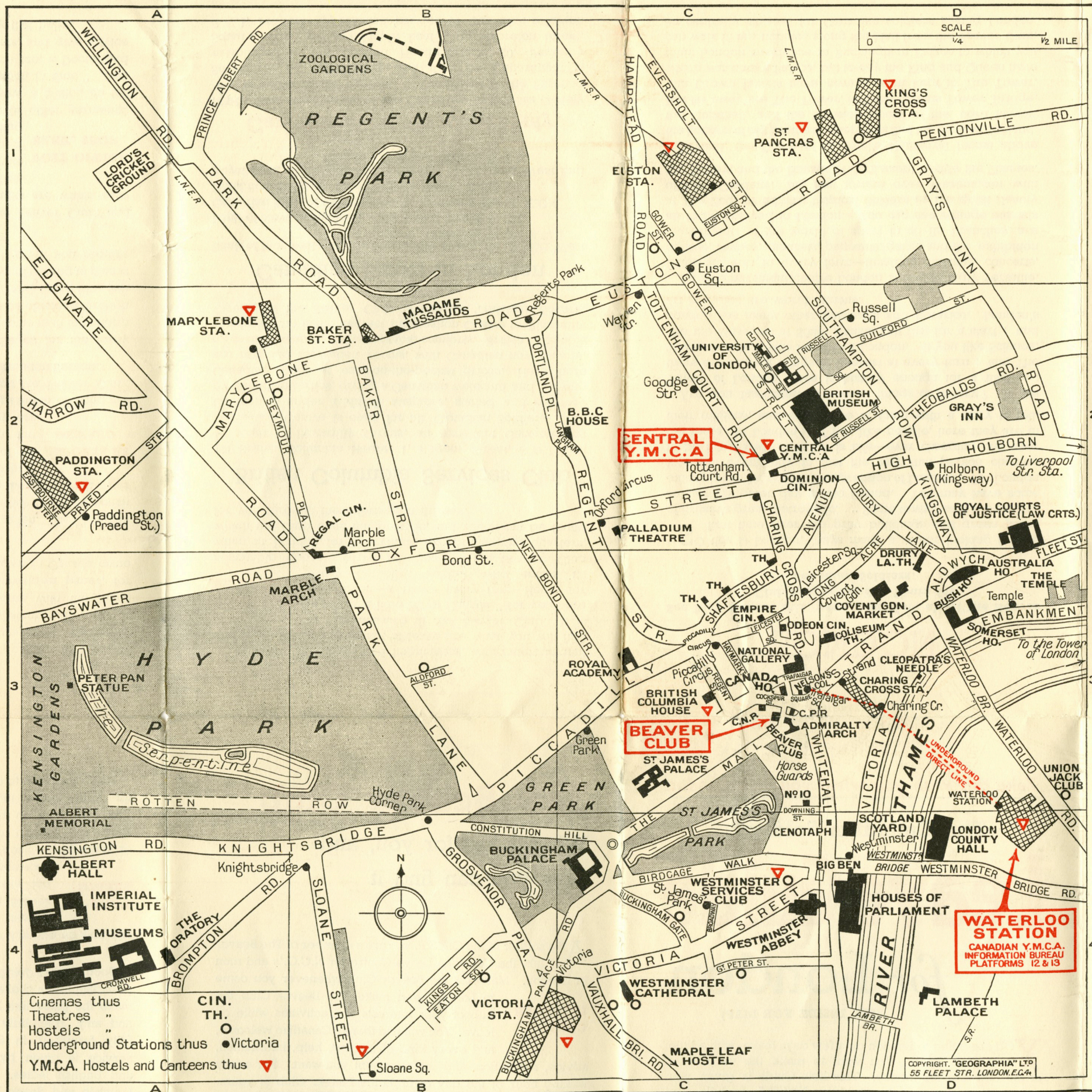
- DON'T** go on leave without a plan.
- DO** accept the help of the "Y" to make your plan a success. See your Y.M.C.A. Secretary if necessary before you leave Camp.
- DON'T** take a chance on where to stay and sleep in London.
- DO** ask the "Y" at Waterloo Station or the Beaver Club to direct you to a good Hostel.
- DON'T** take too little leave money, but when in London don't carry it all on you or all in one pocket.
- DO** deposit some of it safely at the Beaver Club to be drawn out any time as you want it.
- DON'T** go with strangers of the too friendly kind ready to help you spend your money and too willing to "take care of it" for you.
- DO** avail yourself of the advice and help of the Canadian Y.M.C.A. in any difficulty.
- DON'T** fall for the sort of woman who accosts you affectionately, and suggests that you visit her room. Some men have lost there more than their pocket-books.
- DO** give the Canadian Y.M.C.A. and the Beaver Club the chance to show you a good time with no loss of money or peace of mind.
- DON'T** be fooled by "FREE" admission to doubtful night-haunts with high costs inside, and no easy way out again.
- DO** budget your expenditure wisely beforehand; spend carefully; keep enough for your return to Camp in comfort; and always count your change.

INDEX TO IMPORTANT PLACES ON THE MAP

Place In Square No.

Admiralty Arch	C 3
Albert Memorial	A 4
Aldford Street	B 3
Aldwych	D 3
Australia House	D 3
Baker Street Underground	B 2
Bank of Montreal	C 3
B.B.C. House	C 2
Beaver Club	C 3
Birdcage Walk	C 4
Bond Street Underground	B 3
British Columbia House	C 3
British Museum	D 2
Brompton Oratory	A 4
Buckingham Palace	C 4
Bush House	D 3
Canada House	C 3
Canadian Legion Club	C 1
Central Y.M.C.A.	C 2
Cleopatra's Needle	D 3
C.N.R. Offices	C 3
C.P.R. Offices	C 3
Covent Garden	D 3
Downing Street	C 3
Drury Lane Theatre	D 3
Eastbourne Terrace	A 2
Eaton Square	B 4
Euston Square	C 1
Euston Station	C 1
Goodge Street	C 2
Grays Inn Road	D 1
Haymarket	C 3
Holborn	D 2
Horse Guards	C 3
Houses of Parliament	D 4
Hyde Park	A 3
Imperial Institute	A 4
Kensington Gardens	A 3
King's Cross	D 1
Kingsway	D 2
Knightsbridge	B 4
Lambeth Palace	D 4
Law Courts	D 2
Leicester Square	C 3
Lord's Cricket Ground	A 1
Madame Tussaud's	B 2
Malet Street	C 2
Maple Leaf Hostel	C 4
Marble Arch	B 3
Marylebone Station	A 2
Nelson Column	C 3
Oxford Circus	C 2
Paddington Station	A 2
Paddington (Praed Street)	A 2
Piccadilly Circus	C 3
Regent's Park Underground	B 2
Rotten Row	A 3
Royal Academy	C 3
Royal Bank of Canada	C 3
Russell Square Underground	D 2
Science Museum	A 4
Scotland Yard	D 4
Serpentine (The)	A 3
Seymour Place	A 2
Sloane Square Underground	B 4
St. James's Park Underground	C 4
St. Pancras Station	D 1
Strand (The)	D 3
Temple (The)	D 3
Tottenham Ct. Rd. Undergnd.	C 2
Trafalgar Square	C 3
Union Jack Club	D 3
University of London	C 2
Victoria Station	B 4
Victoria Underground	C 4
Vauxhall Bridge Road	C 2
Warren Street Underground	C 2
Waterloo Underground	D 4
Westminster Abbey	C 4
Westminster Cathedral	C 4
Westminster "Y" Club	C 4
Y.M.C.A. (Central)	C 2
Zoo (The)	B 1

HERE'S A MAP TO HELP YOU FIND YOUR WAY ABOUT LONDON



LONDON TRANSPORT

BY UNDERGROUND RAILWAY OR BUS

LONDON'S great system of Underground Railways gives you one of the swiftest and surest ways of getting quickly from place to place in London. Your first experience of the convenience of the London Transport Underground may well be on the short direct run from **Waterloo Station** via Charing Cross to **Trafalgar Square** for the Beaver Club. (Note the red dotted line on the map.) The Underground runs from clearly named stations to clearly named stations, and you know where to get off at.

You can, however, do a lot of seeing London by **bus**, which is also London Transport System. You can go anywhere worth while in London by bus, and see a lot of London from the bus as you travel. It takes a little longer to get familiar with the bus routes and stopping places, but you will find that London bus conductors are very helpful.

As to fares, the odd penny will take you a long way by bus or by Underground. Always have a few pennies in your pocket for bus fares.

WORTH SEEING IN LONDON

THERE are some places in London which you should not miss seeing even in a short visit. The Tower of London, built more than 800 years ago, has a marvellous armoury of old-time weapons, and hundreds of interesting historic and romantic things to show you.

Near the Tower is the Tower Bridge across the Thames, unique in design. There is no bridge quite like it in the world. London Bridge, which looks quite ordinary, although so famous in story and song, is not far away; and close by is the Monument erected to commemorate the Great Fire of London and designed by Wren, the renowned architect of St. Paul's Cathedral.

You cannot miss St. Paul's Cathedral with its vast dome visible from far-off parts of London. Nelson and Wellington are buried here. It has the remarkable "Whispering Gallery," and you can climb up to the golden ball over the dome, 365 feet above the street, and look over the City of London, which contains the Bank of England, the Guildhall, in which are the queer giant effigies of Gog and Magog, the Mint, and the Mansion House, in which London's Lord Mayor lives.

Fleet Street, famous for newspapers, known the world over, is close to St. Paul's Cathedral; and just off Fleet Street there is the Temple, a very quiet spot in the heart

BEAVER CLUB LONDON TOURS

ASK at the Beaver Club Information Bureau about the special Tours to London's most interesting places. Experts take Canadian Soldiers in groups to the principal attractions, and advise individual sight-seers.



of busiest London, in which you can see the Temple Church, with tombs of the Crusaders, and the Middle Temple Hall, in which Shakespeare is said to have played before Queen Elizabeth.

You can see lifelike figures of all the famous characters in history, both ancient and modern, in Madame Tussaud's famous Wax-work Show near Baker Street Underground Station.

The River Thames has been called "liquid history." On the Embankment there stands Cleopatra's Needle, and from near here you watch the building of the new Waterloo Bridge. As you stand on the Embankment you can see the tall towers by the Houses of Parliament, in the nearest of which is Big Ben, whose striking tones are heard by radio over the whole world.

Close by the Houses of Parliament are Westminster Abbey, shrine of British History, and Westminster Hall, in which historic trials of notable men have been held. The tall tower of London's great Roman Catholic Cathedral of Westminster is near here; and within easy reach are Buckingham Palace, St. James's Palace, Whitehall, with the world-famous Downing Street, Trafalgar Square, with the great Nelson Column, London's most central landmark.

Right here by the Nelson Column are Canada House, and the hospitable **BEAVER CLUB**.

Where to Sleep when in London

HERE are some of the Hostels and Clubs in London which provide comfortable sleeping quarters at moderate prices for Soldiers on leave. You can be put in touch with them through the Y.M.C.A. Information Bureau at Waterloo Station, or the Beaver Club. Y.M.C.A. Hostels and Hostels reserved for Canadian Soldiers are given first, but you will find welcome and comfort at any of the others, and this list does not include all available Hostels.

The Maple Leaf Club.—Brabazon House, Moreton Street, off Vauxhall Bridge Road, S.W.1. Operated by the Canadian Red Cross Society. Bed, breakfast and bath, 2s. 6d., other meals, 1s. 6d. Nearest Underground Station, VICTORIA.

Canadian Legion Club.—195, Gower Street, W.C.1. Bed, bath and breakfast, 3s. Canadian catering. Nearest Underground Stations, WARREN ST. and EUSTON SQ.

St. Peter's Hall Services Club.—Westminster Cathedral, Victoria Street, S.W.1. Bed and breakfast, 1s. 3d. French Canadian soldiers welcomed. Nearest Underground Station, VICTORIA.

King George and Queen Elizabeth Club.—Malet Street, Bloomsbury, W.C.1. Reserved for soldiers from Canada, the British Dominions and Colonies. Bed and breakfast, 2s. 6d. Nearest Underground Station, GOODGE ST.

London Central Y.M.C.A.—Tottenham Court Road, W.C.2 (the mother of all Y.M.C.A.'s). Single rooms, 4s. and 5s. Open to all enlisted men, but co-operating with the Canadian Y.M.C.A., C.A.S.F., and inviting Canadian soldiers cordially to enjoy the social rooms, restaurant, and large modern swimming pool. Nearest Underground Station, TOTTENHAM COURT ROAD.

Westminster Services Club (Y.M.C.A.).—Opposite to Westminster Abbey. Canadians welcomed when accommodation available. Bed and breakfast, 1s. 9d. Nearest Underground Stations, WESTMINSTER and ST. JAMES'S PARK.

Hornsey (North London) Y.M.C.A.—Tottenham Lane, N.8. Comfortably furnished. Hot and Cold Water in each room. Bed and Breakfast, 5s. Nearest Underground Station, TURNPIKE LANE.

S.A. Euston Services Club.—28, Euston Square, N.W.1. Bed and breakfast, 2s. Private room, 3s. Nearest Underground Station, EUSTON SQUARE.

S.A. "Show House."—King's Cross. Bed and breakfast, 2s. Nearest Underground Station, KING'S CROSS.

S.A. King's Cross Services Club.—33-35, Euston Road, N.W.1. Bed and breakfast, 2s. Private room, 3s. Nearest Underground Station, KING'S CROSS.

Church Army Services Club.—178, Waterloo Road, S.E.1. Bed and breakfast, 1s. 6d. Nearest Underground Station, WATERLOO.

Church Army Club.—33, Gt. Peter Street, S.W.1. Bed and breakfast, 1s. 3d. Nearest Underground Station, ST. JAMES'S PARK.

Union Services Club.—279, Union Street, Blackfriars, S.E.1. Bed and breakfast, 2s. Nearest Underground Station, WATERLOO.

Union Jack Club.—91, Waterloo Road, S.E.1. Bed and breakfast, 2s. 6d. Canadians welcomed when accommodation available. Nearest Underground Station, WATERLOO.

Catholic Hostel for Service Men.—16, Eaton Square, S.W.1. Bed and breakfast, 2s. 6d. Nearest Underground Station, VICTORIA.

Church Army Services Club.—31-34, Eastbourne Terrace, W.2. Bed and breakfast, 1s. 6d. Nearest Underground Station, PADDINGTON (PRAED STREET).

Church Army Services Club.—187, Marylebone Road, W.1. Bed and breakfast, 1s. 3d. Nearest Underground Station, MARYLEBONE.

Church Army Club.—134, Seymour Place, W.1. Bed and breakfast, 2s. 6d. Nearest Underground Station, MARYLEBONE.

Overseas League—Park Place, St. James's St., S.W.1. Special arrangements for Officers and other ranks in H.M. Forces from Overseas. Bed and breakfast, 7s. 6d. Hon-Membership and full Club privileges during residence. Nearest Underground Stations, GREEN PARK or PICCADILLY.

Where to Eat when in London

THERE are all kinds of good places where you can get a meal at a moderate price in London, and some restaurants make a feature of Canadian items on the menu. At the Beaver Club Canteen Canadian fare is the rule. Most hostels for Canadian soldiers supply bed and breakfast quite cheaply, as will be seen from the list given above. Lunch or supper can be obtained at convenient canteens or restaurants when out and about in London, and there are many snack bars at which light meals are quickly served at all hours, and small prices. London's more luxurious restaurants are landmarks of their districts, and always worth visiting, though you may not find them always easy on a slender purse. You will find, however, the most elaborate menus served with supreme skill, courtesy and good taste; and in some large and palatial restaurants popular prices are the rule.

AS WE GO TO PRESS

MAKE sure of your quarters for the night before you begin looking round London.

By all means, if possible, see your Y.M.C.A. Officer in Camp about this before leaving Camp. See the Y.M.C.A. Information Bureau at Waterloo Railway Station about it also. If you have not done this you have still the Information Desk at THE BEAVER CLUB, or the Y.M.C.A. Information staff at British Columbia House to help you before you set off seeing London. If you have any difficulty, telephone,

ABBEY 2291

or come back even late to THE BEAVER CLUB, and see what your friends of the staff there can do for you. The Beaver Club has no beds on the premises, but can help you to find a place for the night.

