

Soldiers Own
JOURNAL



ARMY.



L No 653971

SUGAR

PERMIT.

This Permit authorizes sugar to be bought by or on behalf of

(Name and Rank) 528062 Pte McClelland B C. } Fill in
members of 1 1/2 Officers' Mess } one
line
only.

in one amount at a rate not exceeding 2 oz. per head per day for a period of
four days ending March twenty ninth

I certify that no rations of sugar are being drawn by the above-mentioned during the above period.

(Signature) S. G. MacKenzie Capt (Date) 26-3-15

Signature of above-mentioned or person purchasing on behalf of mess.

Amount of sugar bought.

NOTICE.

After 30th December, 1917, no retailer may sell sugar except to a duly authorized customer ; and these Permits are issued under arrangements made by the Army Council with the Food Controller to enable serving officers or men to purchase sugar during leave or when billeted or otherwise unable to draw Army rations of sugar, and to enable sugar to be bought for Officers' Messes in respect of members who elect not to draw rations in kind.

Permits must only be issued to serving officers or men who are in receipt of pay from Army Funds.

The Permit must be given up to the retailer when the purchase is made, and is only valid within the period to which it applies. It is a Permit to buy sugar, and does not carry with it any guarantee that the sugar will be supplied by any particular retailer to whom it may be presented.

In the case of officers or men on leave the period inserted will be the period of leave. In other cases the period must not exceed 14 days.

**SOLDIERS' OWN
NOTE BOOK AND DIARY
FOR 1918**

CONTAINING

**Useful Information Invaluable to
every Soldier at Home or at the
Front.**

Compiled by
J. GIBSON,
19th Co., R. G. A.

Bound in cloth with Pencil, 1s. 0d.
or in leather, with Pocket, 2s. 0d.

To be obtained at the Headquarters of the Y.M.C.A.,
12 & 13, Russell Square, W.C., or at the Y.M.C.A.
Institutes in the various Camps, and of leading Stationers
and Booksellers throughout the Kingdom.

Published by

Charles Letts & Co.

3, Royal Exchange, LONDON.

AN APPRECIATION.

At the moment of going to press with the Soldiers' Diary for 1918, the following letter was received from a Corporal of the Bedford Regiment, the Publishers hope that all users of this Diary may be as appreciative:—

Gentlemen,

As a user of your Diaries for many years, I venture to write to you to relate an interesting incident in connection with your firm and its productions.

During a discussion on Diaries recently, a friend of mine produced for inspection a Diary published by your firm in the year 1844, which was still in very good preservation. It is bound in green silk, and contains, in addition to the ordinary almanac matter, a quantity of valuable and interesting information, including a sort of railway timetable and list of fares to the principal centres, a list of members of Parliament (Lords and Commons), etc.

Although the book in question is over 70 years old, I notice from an "Address to Purchasers," that a similar production had been on the market for over 30 years.

I have always found your Diaries have stood the test of hard wear and constant use, but I hardly expected to meet with one quite so ancient and still usable as a notebook.

The origin of the discussion which resulted in the discovery of this early diary was "The Soldiers' Own" Diary, which I have found very useful and has been my constant companion since I have been in khaki.

With congratulations on the continued excellence of the productions of your firm.

I remain,

Yours faithfully,

B. F. McPHERSON.

Suggestions for the further improvement of this Diary will be welcomed and carefully considered by the Publishers.

MEMBERSHIP CARD.

Regimental No. 528067 Rank etc.

Name B. E. McPherson

Home Address R. R. #4

Queen's Own Ont.

Corps 11th Can. Field

Amulance.

Company Platoon

Section

GUM THE CREST OF

YOUR CORPS HERE.

Date January 1st 1918.

JANUARY

1918

Mail Received last year
 169 letters 19 cards
 18 boxes.

1 Tues—Circumcision

Went to go salving
 today.

2 Wed

Letter from R. Watlington.
 Charlie Bligh.
 Xmas card from
 Esther Avis.

A SALT AND PEPPER SHAKER. Take a piece of Bamboo and cut it between the joints leaving a joint in the middle of about 4 inches. Into each end fit a Wood Cork with a hole through the centre. Put salt in one end and pepper in the other. It would also do for tea and sugar or to hold small articles or needles. A.

1918

JANUARY

Days

3 Th

Letter from
 J. Willard.

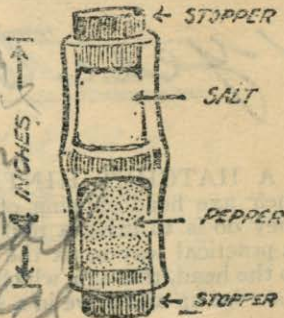
4 Fri

Letter from
 Mother, Eva Hill, Perry Scott.
 Mrs Chalmers, Emily Whodig.

5 Sat

— Last Quarter, 11.50 a.m.
 Sun Rises 8.7, Sun Sets 4.3

Letter from
 Mrs West, Gladys, Knottland
 Agnes Mc, Howard Savel
 Elsie two from
 Xmas card from
 Mrs Stewart,
 I holdaway, etc.



JANUARY

1918

6 Sun—Epiphany *wrote letters*

7 Mon—Plough Monday

*Box of Candy from,
Mrs. C. Thompson.*

8 Tues

*Box from Mrs Dean
Calgary.*

9 Wed

*Parcel of gloves
from Mother**1 year today in Army*

A HATCHET HINT. Many men have trouble with their axe head slipping off the handle, and the first thing they do is to drive a nail in which only splits the handle. A practical way to fix the head is to bore a small hole near to the head, through which run a wire. Twist and tighten the wire up and drive in a staple where shown. A.

1918

JANUARY

31 Days

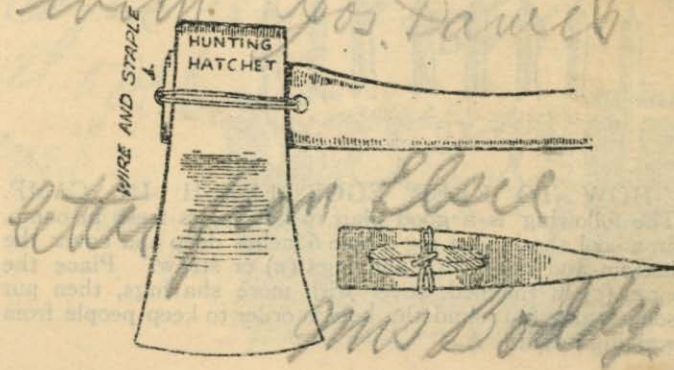
10 Th

*letter from
Home.
Minnie Thompson.
R. W. Livingston.*

11 Fri

*letter from Home.
Box from Mrs Bruce.*

12 Sat—● New Moon, 10.36 p.m. S. R. 8.5, S. S. 4.12

*went to Godalming
with Pos. Dames*

1st Month

JANUARY

1918

13 Sun—1st after Epiphany

14 Mon

15 Tues

16 Wed

HOW TO KEEP EGGS FRESH IN CAMP.
 The following is a good plan to keep eggs fresh in camp. In a cool shady spot dig a hole 6 inches deep and cover the bottom and sides with shavings (b) or straw. Place the eggs (c) in the bed, cover with more shavings, then put some stakes (d) round the hole in order to keep people from walking into it. A.

1918

JANUARY

31 Days

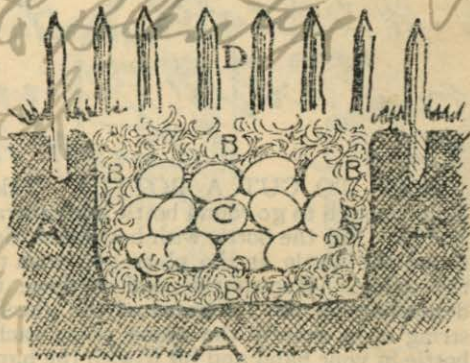
17 Th

18 Fri

19 Sat—

First Quarter, 2.38 p.m. S. R. 7.59, S. S. 4.23

arrived Glasgow today
 came to camp
 at 5 o'clock
 met weather



1st Month

JANUARY

1918

1918

JANUARY

31 Days

20 Sun—2nd after Epiphany

21 Mon

22 Tues

23 Wed

24 Th

25 Fri—Conversion of S. Paul

26 Sat

S. R. 7.51, S. S. 4.35

out for long walk.

Came to Glasgow then
Edinburgh, et veniunt.

around Edinburgh today.
at show at night, left
on 9.40 train for London.

In London today, at
N. M. Theatre, out to dances
and with penner
came back to camp.

HOW TO CUT A BOTTLE. Take a piece of string
large enough to go round bottle and saturate it in methylated
Spirits. Fill the bottle with hot water, tie the string tightly
round the bottle at the place you wish to cut it, then light
the string. Repeat this two or three times (the number
depending on the thickness of the glass) making sure the
string is in exactly the same place each time. Hold the
bottle in your hand and hit it with the handle of a knife. A.

letter from
R. Whittington

fine day.

fine weather
at ten to eleven



Fig 1.



Fig 2.

1st & 2nd Mths

JANUARY

1918

1918

JAN—FEB

31 & 28 Days

27 Sun—Septuagesima. O Full Moon, 3.14 a.m.

28 Mon

letter from Mother Lydia
 Aunt Lizzie

Inspection today.

29 Tues

letter from Home,
 Geo. & Minnie Thompson,
 Box from Aunt Lizzie
 & Sept dance at Guildford

30 Wed

Letter from K. Whittington

A HANDY FIRST AID KIT. This First Aid Kit is a big canvas belt divided into as many pockets as one wishes. Into each pocket can be put a bottle of some sort of medicine or bandages. At the ends of the belt fold the corners back and sew them. Then take a strap, cut it in two about three or four inches from each end. Take these pieces and sew or rivet one to each end of the belt so that you can wear the belt round your waist. A.

31 Th

fine weather

1 Feb Fri

fine weather.

2 Sat—Candlemas. S. R. 7.41, S. S. 4.48

went to Godelmery
 today.



2nd Month

FEBRUARY

1918

1918

FEBRUARY

28 Days

3 Sun—Sexagesima

Letter from H. McCallum
4 Mon—(Last Quarter, 7.52 a.m.) Reynolds

7 Th

wet weather

5 Tues

card from Earn.

8 Fri—Half Quarter Day

Letter from R. Whittington
and Charlie Platt.

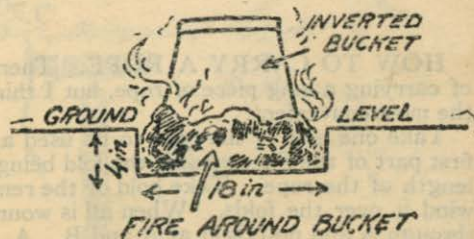
6 Wed

wet weather

9 Sat—S. R. 7.29, S. S. 5.0

Letter from
Sydia, Geo and home.

TO BUILD A CAMP OVEN. Dig a hole in the ground about 18 inches square and 4 inches deep. Invert a bucket in this, or if this is unavailable, build a frame of sticks and thatch it with mud, leaving a small square hole in the end for a door. A fire is then built all around the oven and, when it is hot, food, bread or whatever is to be baked, may be placed inside. A.



2nd Month

FEBRUARY

1918

10 Sun—Quinquagesima

11 Mon—● New Moon, 10.5 a.m.

fine weather.

12 Tues—Shrove Tuesday

Box from Lydia.
Division broken up today.

13 Wed—Ash Wednesday

letter from
Emily Thoding

HOW TO CARRY A ROPE. There are many ways of carrying a long piece of rope, but I think the following is the most convenient.

Take one end of the rope to be used and fold it as in the first part of the Sheepshank, the fold being according to the length of the rope. Take hold of the remaining part and wind it over the folds. When all is wound up slip the end through A and pull tight at A and B. A.

1918

FEBRUARY

28 Days

14 Th

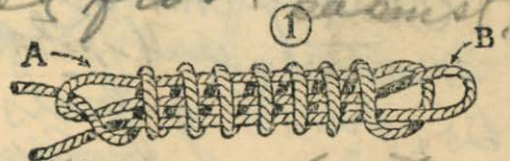
fine weather

15 Fri

fine weather

16 Sat—S. R. 7.16, S. S. 5.13

letter from Earnest



up to Bramshott
Camp today.



2nd Month

FEBRUARY

1918

17 Sun—1st in Lent. Ember Week.

Letter from Mrs. Reynolds

18 Mon—D First Quarter, 0.57 a.m.

fine weather

19 Tues

Letter from Mother

20 Wed—Ember Day

Letter from Harold,
Mother and Pearl & Kim.
Boy from D. & Girls
Paper from Maud.

A SOAP SHAKER. Small pieces of soap which are useless for washing hands or face should not be thrown away, as further use can be found for them. They can be used for washing dishes in camp.

Make a soap shaker of bamboo as shown in our sketch. Perforate the cane by means of a red hot wire and make a little wood stopper to fit the end. To make the dish water soapy simply stir it with the shaker. A.

1918

FEBRUARY

28 Days

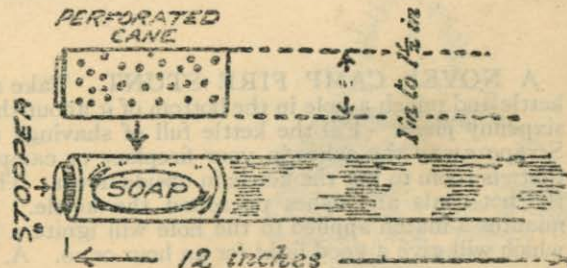
21 Th

Boy from Mother
paper from Maud.
Came to Aldershot Hospital
with mumps.

22 Fri—Ember Day

in hospital.

23 Sat—Ember Day. S. R. 7.2, S. S. 5.26

Letter from Harry Lucas
Daisy Wilcoxson.

2nd & 3rd Mths. FEBRUARY

1918

24 Sun—2nd in Lent. S. Matthias

25 Mon—O Full Moon, 9.35 p.m.

26 Tues

27 Wed Two card frag. Beompton
one from Charlie Bass
letter from Emily, G. Reynolds

A NOVEL CAMP FIRE STUNT. Take an old iron kettle and punch a hole in the bottom of it about the size of a sixpenny piece. Fill the kettle full of shavings and chips. Scrape away the ashes in your fireplace or camp fire, until there is room to put the kettle in upside down. Then scrape the hot coals and ashes up round the kettle. In a few minutes a match applied to the hole will ignite a jet of gas which will give a good light for an hour or so. A.

1918

FEB—MAR

28 & 31 Days

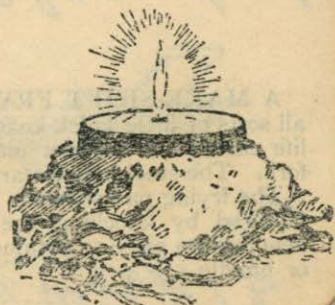
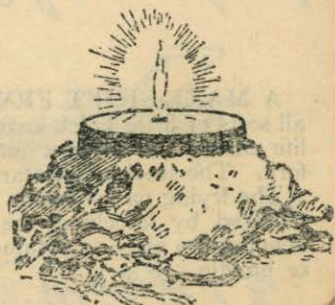
28 Th

28 Th
 letter from. Cpl. Miller
 Bill Costello, Carmi Dams.

I Mar Fri—S. David

2 Sat—s. R. 6.48, S. S. 5.38

colder today.



3rd Month

MARCH

1918

3 Sun—3rd in Lent

4 Mon

letter. Miss Reynolds

fine weather
cool winds

5 Tues

letter from Andy Wilson.
Box of cigarettes from
Emily.

6 Wed—(Last Quarter, 0.44 a.m.

letter from Dave Wyllie
Jack. Brompton.
papers from Emily.

A MAKE-SHIFT FRYING PAN. One comes across all sorts of little knick-knacks that make trench and camp life easier. A bayonet makes a very acceptable toasting fork. The steel helmets are often used as wash basins.

The frying pan shown in our sketch can be easily manufactured by knocking the bottom out of a tin box and bending the piece so obtained into shape with a wire staple or handle.

8/ from Bices Mess.

1918

MARCH

31 Days

7 Th

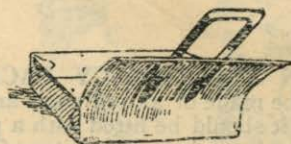
letter from.
C. C. Sidham

8 Fri

letter from R. Whittington

9 Sat—s. r. 6.32, s. s. 5.51

letter from home



3rd Month

MARCH

1918

10 Sun—4th in Lent

Letter from Reg
Maude N. Olive & others; Edna is
Edna Stewart, Pearl Macfarlane,
Richard, Costello, Gord,
Aunt Lizzie Miss Pindall.

12 Tues—● New Moon, 7:52 p.m.

Letter from Earnest,
Elsie, Harold.

13 Wed

AN EMERGENCY PACK SACK. This pack sack can be made of an old sack and a piece of rope. If rope is used it should be fitted with a pad to protect the shoulders. A loop is made in the centre of the strap as at A, the ends B being long enough to tie at the bottom corners of the pack. The loop A is more clearly shown at C. At the bottom the corners are tied as shown at D, after placing a round stone inside each. A.

1918

MARCH

31 Days

14 Th

Letter from Mother & Lydia.
Came back from Alden
today

15 Fri

Letter from K. Whittington

16 Sat—S. R. 6.17, S. S. 6.3

at Witley, Met Moran
and Bob Wilson.



3rd Month

MARCH

1918

17 Sun—Passion Sunday. S. Patrick

met some S. P. boys today.

18 Mon

Box from Lydia.

19 Tues—D First Quarter, 1.30 p.m.

20 Wed

letter from Lindsay.

TO CARRY SAFETY PINS. Safety pins are useful for many things, and specially for First Aid work; but if they are carried loose in the pocket they are often lost. A good way to carry them so as to be sure you have them when you want them is to string them on to a ring which holds a button on to your shirt. A.

1918

MARCH

31 Days

21 Th—Vernal Equinox

registered letter from Bill Costello.

22 Fri

23 Sat—S. R. 6.1, S. S. 6.14

letter from Jessie McCallum.

PINS HANGING
ON RING
AT BACK OF
BUTTON

3rd Month

MARCH

1918

24 Sun—Palm Sunday *card from Q. Wilson*
Edith R. Whittington

25 Mon—Annunciation B.V.M. Lady Day

26 Tues

27 Wed—O Full Moon, 3:33 p.m.

TO MAKE A GOOD LIGHT. A cocoa tin filled with old rags soaked in oil will make a good light. If a small bottle of oil is taken along and some of the contents poured on now and then it will burn a long time. A.

1918

MARCH

31 Days

28 Th—Maundy Thursday

29 Fri—Good Friday

30 Sat—Easter Eve. S. R. 5.45, S. S. 6.26

*letter from Bill Costello,
 Midham, K. Whittington
 and Linn.
 Cards from
 Earnest & Lind*



CALENDAR FOR 1917.

SEPT.	OCT.	NOV.	DEC.
S M Tu W Th F S	S M Tu W Th F S	S M Tu W Th F S	S M Tu W Th F S
2 9 16 23 30 3 10 17 24 4 11 18 25 5 12 19 26 6 13 20 27 7 14 21 28 8 15 22 29	1 7 14 21 28 2 8 15 22 29 3 9 16 23 30 4 10 17 24 31 5 11 18 25 6 12 19 26 7 13 20 27	4 11 18 25 5 12 19 26 6 13 20 27 7 14 21 28 8 15 22 29 9 16 23 30 10 17 24	2 9 16 23 30 3 10 17 24 31 4 11 18 25 5 12 19 26 6 13 20 27 7 14 21 28 8 15 22 29

CALENDAR FOR 1918.

JAN.	FEB.	MARCH.	APRIL.
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MAY.	JUNE.	JULY.	AUG.
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SEPT.	OCT.	NOV.	DEC.
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CALENDAR FOR 1919.

JAN.	FEB.	MAR.	APRIL.
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MEMORANDA.

Mr. Thos. McCalland.
R.R. Owen found. Ont.

Mr. R.P. McCalland
378 - Aberdeen St.
Medicine Hat. Alta.

Flt. E.W. McCalland.
447000 - 50th Can. Div. France

Mrs. R.T. Kyle
Fergus, Ont.

Mrs. Robt. Newitt
28 - Fuller Ave. Toronto

Mrs. Wm. McCalland
1022 - 15th Ave. N.
Calgary Alta.

Percy Scott
2725 - 15th St. N.
1246 - 13 Ave. N.
Calgary Alta.

The publishers acknowledge their indebtedness to Messrs. C. Arthur Pearson Ltd., for permission to reproduce the sketches illustrating the footnotes of this Diary - they are taken from "Things all Scouts should know," with the exception of those marked "A" which have been supplied by American Boy Scouts.

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830-18th Ave. W. Calgary.

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415-7th St. S. E. MED. HAT.

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Box 12 - Langdon Alta

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9 - Westminster Ave.
Toronto

Alex McKenzie
51 - Gilmour St. Toronto

Wm. J. Hamilton
Parliament Bldg. Toronto
Durham. Ont.

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47 - Edna Ave. Toronto

Fanny Atkins
46 - Walker Ave. Toronto

Jug. Sedwell
815 - Bathurst St. Toronto

Miss Ethel Stewart
405 - Yonge St. Toronto

Thompson Bros
Box 955 - Owen Sound.

Edna Stewart
750 - 2nd Ave. W. Owen Sound

MEMORANDA.

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59 - Robinson St. Toronto

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1164 - 3rd ave. W. O. S.

Mrs. W. J. Holdaway
490 - 20th St. W. O. S.

Olive Atkins
2004 - 4th Ave. W. O. S.

Mrs. Robt Dunn
R.R. #3. Owen Ind.

Gladys. Burnstead
324 - 22nd St West.

Edna. Burnstead
1980 - 4th Ave. W.
Owen Sound.

MEMORANDA.

Days
1st Month

Dalton Jones
Royal Bank
Florence Jones
McKay. Bros. Owen Ind.
Pte. R. McLeod 808820-31st Bn.

Leslie Harton #201180
20th Bn. France
Norman Harton 3rd Arm. Col.
Sub park. France

Miss. C. Bruce.
Calgary.

Pte. R. Penner #528048
H. Col. #524849
Pembroke House
13384 Ford St. London

