

# RED CROSS KNITTING SUGGESTIONS

•  
*Number 4*

*For*  
*Civil Defense*  
*Workers*

•  
ISSUED BY

THE CANADIAN RED CROSS SOCIETY  
95 WELLESLEY ST. TORONTO, ONTARIO

May, 1941



## Knitting Suggestions for Civil Defense Workers

All good, well-made garments are gratefully received, and if knitters will carefully follow these instructions the garments will be well shaped. Wool is too precious to waste. Use only the wools called for.

1. Use the specified weight and type of wool.
2. Join the wool by splicing—do not knot.
3. Cast on all ribbing stitches loosely—cast off the sts. the same way allowing plenty of stretch, using larger needle if one has any difficulty.
4. Press all garments.
5. Use words, "Small," "Medium," or "Large," in sweaters to show size.

### CHECK THE TENSION

The garments in this book are worked to the exact tension given. Check your tension. Before beginning your garment take the wool and needles specified. Cast on 20 stitches. Work 20 rows stocking stitch and compare with the tension given in the instruction. All given tension is measured over stocking stitch. If your tension is too loose try a size smaller needle. If your tension is too tight try a size larger needle. Be sure to work exact tension given if you want your garment to work to correct size.

## INDEX

### GARMENTS FOR MEN

	Page
Plain Heavy Socks .....	3
Turtle Neck Sweater with Sleeves .....	4
Sleeveless Sweater with "V" Neck .....	5
Cap .....	6
Ribbed Helmet (No Chest Pieces) .....	6
Plain Knitted Scarf .....	7
Toque .....	7
Steel Helmet Cap .....	7
Alternative Cap for Steel Helmet .....	8

### GARMENTS FOR WOMEN

Lady's Calot .....	8
Lady's Toque .....	9
Lady's Moss Stitch Scarf .....	9
Lady's Ankle Socks with Double Heel and Flat Toe .....	9
Lady's Pullover with "V" or Round Neck—	
Size 36 with "V" Neck .....	10
Size 36 with Round Neck .....	12
Lady's Sleeveless Pullover, Size 36 .....	12
Lady's Pullover with Turtle Neck .....	14
Lady's Gloves .....	15

## GARMENTS FOR MEN

Colours: Grey, Navy, Brown.

Introduce bands of Red and Grey for Fire Fighters;  
Gold for general A.R.P.

### PLAIN HEAVY SOCKS

**MATERIALS:** 5-6 ozs. SPECIAL HEAVY RED CROSS SERVICE YARN or HEAVY 4 ply SCOTCH FINGERING. For Average Knitter set of 4 No. 11 Steel Knitting Needles. For Tight Knitter set of 4 No. 10 Steel Knitting Needles. For Loose Knitter set of 4 No. 12 Steel Knitting Needles. (Points at both ends.) Bell gauge.

Colour: See page 3.

**MEASUREMENTS:** All sizes from 10-12 required.

Length of leg from top of cuff to under the heel from 14 in.—16 in. To make a 16 in. sock add 2 in. to the directions for leg, making 13 in. instead of 11 in. Cast on 60 stitches, rib 4 in., 2 plain, 2 purl. Knit plain 7 in., 9 in. for 16 in. sock, (11 in. in all).

**HEEL:** Knit plain 28 stitches on to one needle, turn, purl back these 28 stitches, turn, knit plain. Repeat these two rows (always slipping the first stitch) 11 times (12 in all), or 24 rows.

With the inside of the heel toward you, purl 15 stitches, purl 2 together, purl 1. Turn, knit 4 stitches, knit 2 together, knit 1, turn, purl 5 stitches, purl 2 together, purl 1. Turn, knit 6 stitches, knit 2 together, knit 1, turn, purl 7 stitches, purl 2 together, purl 1. Turn, knit 8 stitches, knit 2 together, knit 1, turn, purl 9 stitches, purl 2 together, purl 1. Turn, knit 10 stitches, knit 2 together, knit 1, turn purl 11 stitches, purl 2 together, purl 1. Turn, knit 12 stitches, knit 2 together, knit 1, turn, purl 13 stitches, purl 2 together, purl 1. Turn, knit 14 stitches, knit 2 together, knit 1. Pick up and knit the 12 stitches down the side of the heel piece and knit 2 stitches off the front needle. Knit 28 stitches off the front needles on to one needle; the last 2 stitches knit on to the 3rd needle, on which pick up and knit the 12 stitches at the other side of the heel piece. Divide the heel stitches on to the 2 side needles and knit right round again to the centre heel. First needle, knit to within 3 stitches of the front end of side needle, knit 2 together, knit 1. Front needle plain. Third needle, knit 1, knit 2 together, knit plain to end of needle.

This reducing to be done every other row until there are 56 stitches on the needles (front needle 28, side needles 14 each). Knit plain until the foot from the back of the heel measures 9 inches.

**KITCHENER TOE:** Decrease for toe—knit 6 stitches, then knit 2 together, knit 6 stitches, knit 2 together. Repeat this to end of the 3 needles. Then knit 5 rows plain. Then knit 5 stitches, knit 2 together, and repeat to the end of 3 needles. Then knit 4 rows plain. Then knit 4, knit 2 together, repeat to the end of 3 needles. Then 3 plain rows. Then knit 3 stitches, knit 2 together, repeat to end of 3 needles. Then knit 2 plain rows. Then knit 2 stitches, knit



2 together, and repeat to end of 3 needles. Then 1 plain row. Then 1 row decreasing if necessary, so as to leave 10 stitches on front needle and 5 on each of the back needles. Graft toe. For Grafting see page 16.

**ALTERNATE TOE:** Decrease for toe. On front needle knit 2, knit 2 together. Knit to within 4 stitches from end of needle, knit 2 stitches together, knit 2. On first side knit 2, knit 2 together, knit to the end of needle. Knit to within 4 stitches from the end of second side needle, knit 2 together, knit 2. Knit 3 rounds plain. Then 1 round decreasing, then 2 rounds plain. ★Then 1 round decreasing. Then 1 round plain. Repeat from ★ until there are 10 stitches on front needle and 5 on each side needle. Now slip stitches from one side needle to the other, making 10 stitches on 2 needle. Graft toe. For Grafting see page 16.

## TURTLE NECK SWEATER With Sleeves

### Average Size

**MATERIALS:** 20 ozs. SPECIAL HEAVY RED CROSS SERVICE YARN. Two No. 10 and two No. 9 Knitting Needles. Set of 4 No. 10 Steel Knitting Needles (points at both ends). One Stitch Holder.

Colour: See page 3.

Tension:  $5\frac{1}{2}$  sts.=1 inch.

Check your tension—see page 2.

**FRONT:** With No. 10 needles cast on 104 sts. Work  $2\frac{1}{2}$  ins. ribbing (K1. P1). Change to No. 9 needles and continue even in Stocking st. until work measures 18 ins. from beginning ending with purl row. **To shape armholes:** Cast off 6 sts. beginning next 2 rows, then dec. 1 st. each end of needle every alternate row to 82 sts. on needle. Continue even until armhole measures 7 ins. from first shaping.

**To shape neck:** With right side of work facing K27. Turn. Keeping armhole edge even, at neck edge dec. 1 st. every alternate row 3 times. Continue even until armhole measures 8 ins. from first shaping.

**To shape shoulder:** At armhole edge cast off 8 sts. every alternate row 3 times. Slip next 28 sts. onto st. holder and work remaining sts. to correspond to other shoulder.

**BACK:** Work exactly as given for Front, omitting neck shaping, until armhole measures 8 ins. from first shaping.

**To shape shoulders:** With right side of work facing, cast off 8 sts. beginning next 6 rows. Do not break wool.

**COLLAR:** Sew shoulder seams. With right side of work facing, using set of 4 needles with points at both ends, knit across sts. at back of neck. Pick up and knit 8 sts. along left side of neck. Knit across sts. on st. holder at front of neck. Pick up and knit 8 sts. along right side of neck. Working in rounds, continue even in ribbing (K1. P1) for 6 ins. Cast off loosely in ribbing.

**SLEEVES:** With No. 10 needles cast on 46 sts. Work  $2\frac{1}{2}$  ins. ribbing (K1. P1). **Next row:** K5. ★Inc. 1 st. in next st. K6. Repeat from ★

to last 6 sts. Inc. 1 st. in next st. K5. (52 sts. on needle). Change to No. 9 needles. **Next row:** K1. Purl to last st. K1. Continue in Stocking st. inc. 1 st. each end of needle on 7th and every following 8th row to 72 sts. on needle. Continue even until sleeve measures 18 ins. from beginning.

**To shape cap:** ★Cast off 2 sts. beginning next 2 rows, then 1 st. beginning following 2 rows.★ Repeat from ★ to ★ to 24 sts. on needle. Cast off remaining sts.

**TO MAKE UP:** Press pieces carefully. Sew all seams. Sew in sleeves.

## SLEEVELESS SWEATER With "V" Neck

### Average Size

**MATERIALS:** 12 ozs. SPECIAL HEAVY RED CROSS SERVICE YARN. Two No. 10 and two No. 9 Knitting Needles. One Stitch Holder.

Colour: See page 3.

Tension:  $5\frac{1}{2}$  sts.=1 inch.

Check your tension—see page 2.

**FRONT:** With No. 10 needles cast on 104 sts. Work 4 ins. ribbing (K1. P1). Change to No. 9 needles and continue even in Stocking st. until work measures  $13\frac{1}{2}$  ins. from beginning ending with purl row.

**To shape armholes:** 1st row: Knit. 2nd row: K16. Purl to last 16 sts. K16. Repeat these 2 rows 4 times. Proceed:—1st row: Cast off 10 sts. Knit to end of row. 2nd row: Cast off 10 sts. K6. Purl to last 6 sts. K6. 3rd row: K6. K2tog. Knit to last 8 sts. K2tog. t.b.l. K6. 4th row: K6. P29. K12. P29. K6. Keeping 12 sts. in centre in Garter st. continue in Stocking st. dec. 1 st. inside borders at armhole edges every alternate row 4 times, ending with purl row.

**To shape neck:** 1st row: K6. K2tog. K29. Turn. Leave remaining sts. on st. holder. 2nd row: K6. Purl to last 6 sts. K6. Keeping Garter st. borders at both edges dec. 1 st. inside border at armhole edge every alternate row twice, at same time dec. 1 st. inside border at neck edge on 3rd and every following 6th row to 24 sts. on needle. Continue even until armhole measures  $8\frac{1}{2}$  ins. from first shaping.

**To shape shoulder:** Keeping border at neck edge, at armhole cast off 6 sts. every alternate row 3 times. Work  $2\frac{1}{2}$  ins. Garter st. on remaining 6 sts. Cast off. Join wool at neck edge and work other side to correspond.

**BACK:** Work exactly as given for Front until the sts. are cast off at armhole. Keeping a border of 6 sts. in Garter st. at each side, dec. 1 st. inside border at each end of needle every alternate row to 68 sts. on needle. Continue even until armhole measures  $8\frac{1}{2}$  ins. from first shaping.

**To shape shoulders:** Cast off 6 sts. beginning next 6 rows. Cast off remaining sts.

**TO MAKE UP:** Press pieces carefully. Sew seams. Sew ends of Garter st. border across back of neck.



## CAP

**MATERIALS:** 4 ozs. SPECIAL HEAVY RED CROSS SERVICE YARN. Two No. 9 Knitting Needles. 3 buttons.

Colour: See page 3.

Tension:  $5\frac{1}{2}$  sts.=1 inch.

Check your tension—see page 2.

Cast on 44 sts. **1st row:** (K1. Inc. 1 st. in next st. K18. Inc. 1 st. in next st.) twice. **K2. 2nd and alternate rows:** K1. Purl to last st. K1. **3rd row:** (K1. Inc. 1 st. in next st. K20. Inc. 1 st. in next st.) twice. **K2. 5th row:** (K1. Inc. 1 st. in next st. K22. Inc. 1 st. in next st.) twice. K2. Continue increasing in this manner to 100 sts. on needle. Work  $3\frac{1}{2}$  ins. even in Stocking st. ending with purl row. Cast off. **FRONT BAND:** Cast on 70 sts. **1st row:** K2. ★P1. K1. Repeat from ★ to end of row. Repeat this row for 3 ins. Cast off in ribbing. **BACK BAND:** Cast on 96 sts. **1st row:** K2. ★P1. K1. Repeat from ★ to end of row. Repeat this row for 3 ins. **Next row:** K2. (P1. K1) 15 times. Cast off 32 sts. (P1. K1) 16 times. Working on last 32 sts. continue in ribbing dec. 1 st. each end of needle on 3rd and every alternate row to 20 sts. on needle, then every row to 12 sts. on needle. Proceed:—

**1st row:** (Buttonhole). K1. P2tog. K1. P1. Cast off 2 sts. K1. P1. K2tog. K1. **2nd row:** K1. K2tog. P1. Cast on 2 sts. K1. P2tog. K1. **3rd row:** K1. P2tog. K1. P1. K2tog. K1. **4th row:** K1. K2tog. P2tog. K1. **5th row:** (K2tog.) twice. Cast off.

Join wool to remaining 32 sts. and work to correspond.

**TO MAKE UP:** Press pieces carefully. Sew seam of cap. Sew front band firmly in position along the lower edge of front, leaving 8 ins. plain at back. Sew the ends of the band to the cap. Sew the back band in position, overwrapping the front band at the sides and leaving  $5\frac{1}{2}$  ins. plain at the front. Sew buttons on cap to correspond to buttonholes. Sew another button immediately below the buttonhole inside the right point.

## RIBBED HELMET (No Chest Pieces)

**MATERIALS:** 4 ozs. SPECIAL HEAVY RED CROSS SERVICE YARN. Set of 4 No. 9 Knitting Needles (points at both ends).

Colour: See page 3.

Tension:  $5\frac{1}{2}$  sts.=1 inch.

Check your tension—see page 2.

Cast on 96 sts. loosely (32. 32. 32). Work 8 ins. ribbing (K4. P4). **Next round:** Cast off 32 sts. in ribbing for face opening. Working backwards and forwards on remaining 2 needles continue even in ribbing for  $1\frac{1}{2}$  ins. Cast on 32 sts. in place of the cast-off sts. and working in rounds continue even in ribbing until work measures  $14\frac{1}{2}$  ins. from beginning.

**To shape top: 1st needle:** K1. K2tog. Rib to last 2 sts. K2tog. **2nd and 3rd needles:** As 1st. needle. Repeat this round to 6 sts. in round. Break wool. Thread end through remaining sts. Draw up and fasten securely.

## PLAIN KNITTED SCARF

**MATERIALS:** 10 ozs. SPECIAL HEAVY RED CROSS SERVICE YARN. Two No. 8 Knitting Needles.

Colours: See page 3.

**MEASUREMENTS:** Length 46 ins. Width 12 ins.

Cast on 56 sts. Knit 46 ins. in plain knitting. (Garter st.) Cast off.

## TOQUE

**MATERIALS:** 4 ozs. SPECIAL HEAVY RED CROSS SERVICE YARN. Set of 4 No. 8 Knitting Needles (points at both ends).

Colour: See page 3.

Tension: 5 sts.=1 inch.

Check your tension—see page 2.

Cast on 92 sts. loosely (32. 32. 28). **1st round:** ★K2. P2. Repeat from ★ to end of round. Repeat 1st. round for  $3\frac{1}{2}$  ins. **Next round:** Purl. Repeat 1st. round for 1 inch. Turn work inside out. Knit 3 ins. even dec. 2 sts. in last round.

**To shape crown: 1st round:** ★K16. K2 tog. Repeat from ★ to end of round. **2nd and alternate rounds:** Knit. **3rd round:** ★K15. K2tog. Repeat from ★ to end of round. **5th round:** ★K14. K2 tog. Repeat from ★ to end of round. Continue decreasing in this manner, every alternate round to 25 sts. in round. Break wool. Thread end through remaining sts. Draw up and fasten securely.

## STEEL HELMET CAP

THIS CAP IS WORN UNDER THE STEEL HELMET AND IT IS MOST IMPORTANT THAT IT SHOULD BE VERY FINELY KNITTED AND OF VERY SOFT WOOL.

**MATERIALS:** 4 ply ANDALUSIAN. 3 ozs. will make two caps. Two No. 11 Knitting Needles.  $1\frac{1}{6}$  yd. Elastic,  $\frac{3}{8}$  in. wide.

Colour: See page 3.

Tension:  $8\frac{1}{2}$  sts.=1 inch.

Check your tension—see page 2.

Cast on 9 sts. **1st row:** Inc. 1 st. in each st. to last st. K1. 17 sts. on needle. **2nd and alternate rows:** Knit. **3rd row:** ★K1. Inc. 1 st. in next st. Repeat from ★ to last st. K1. 25 sts. on needle. **5th row:** ★K2. Inc. 1 st. in next st. Repeat from ★ to last st. K1. 33 sts. on needle. **7th row:** ★K3. Inc. 1 st. in next st. Repeat from ★ to last st. K1. 41 sts. on needle. **9th row:** ★K4. Inc. 1 st. in next st. Repeat from ★ to last st. K1. 49 sts. on needle. **11th row:** ★K5. Inc. 1 st. in next st. Repeat from ★ to last st. K1. 57 sts. on needle. Continue increasing in this manner, every alternate row, having 1 st. extra between increasings to 161 sts. on needle. (18 sts. between each increasing). Knit 17 ridges. Work now measures  $2\frac{3}{4}$  ins. from last increasing at Back edge. **Next row:** K73. Cast off 15 sts. K73.

**Next row:** K73. Leave remaining 73 sts. on spare needle. Proceed:—

★**1st row:** Cast off 3 sts. (Front edge). Knit to end of row. **2nd row:** Knit. Repeat these 2 rows to 52 sts. on needle. Proceed:—

**1st row:** Cast off 1 st. Knit to end of row. **2nd row:** Cast off 6 sts.



(Neck edge). Knit to end of row. Repeat these 2 rows twice. 31 sts. on needle. **7th row:** Cast off 1. st. Knit to end of row. **8th row:** Cast off 3 sts. Knit to end of row. Repeat these 2 rows to 3 sts. on needle. Cast off.★★ Pick up the 73 sts. from spare needle. Join wool at Front edge and repeat from ★★ to ★★.

**The Face Band:** With right side of work facing, pick up and knit 118 sts. around front edge. Knit 4 rows Garter st. (plain knitting.) Cast off. **The Neckband:** With right side of work facing, pick up and knit 38 sts. along one side of neck. Knit 4 rows Garter St. Cast off. With right side of work facing, pick up and knit 38 sts. along other side of neck. Knit 4 rows Garter st. Cast off. Sew to edges of Face Band. Press carefully being careful not to flatten ridges. Sew back seam.

**The Chin Strap:** Cast on 11 sts. **1st row:** Knit. **2nd row:** K1. Purl to last st. K1. Repeat these 2 rows for 9 ins. Cast off. Press and sew the two long edges together, on the wrong side. Turn the work inside out. Thread elastic through, sewing the end of elastic and the knitted short edges together. Sew the ends of the chin strap firmly to the joining seams of the Front and Neck bands.

## ALTERNATIVE CAP FOR STEEL HELMET

**MATERIALS:** 1 oz. 4-ply LIGHT WEIGHT SERVICE YARN.  
One set No. 10 Needles.

Cast on 152 stitches, (52, 52, 48) join and knit in ribbing of K2 P2 for 3 inches.

Begin decreasing:—

**1st row:** Knit 17, K2. together, all round.

**2nd row:** Knit plain, no decreases.

**3rd row:** K16, K2 together, all one round.

**4th row:** Knit plain, no decreases.

Continue in this manner having one stitch less each time between decreases; and always knit one row plain between each row of decreases, until there are 8 sts. on needles. Break wool, draw through remaining sts. and fasten off.

## GARMENTS FOR WOMEN

*Colours: Grey, Navy, Brown, Maroon, Green, Camel.  
Introduce Red and Grey bands for Fire Fighters;  
Gold for general A.R.P.*

### LADY'S CALOT

**MATERIALS:** 1 oz. SPECIAL LIGHT RED CROSS SERVICE YARN. Two No. 11 Knitting Needles.

Tension: 8 sts.=1 inch.

Check your tension—see page 2.

Cast on 116 sts. Work 1 inch ribbing (K1. P1). **Next row:** K8. ★ Inc. 1. st. in next st. K8. Repeat from ★ to end of row. (128 sts. on needle). **Next row:** K1. Purl to last st. K1. Continue even in Stocking st. until work measures 2½ ins. from beginning ending with purl row.

**To shape top:** **1st row:** K1. (K12. K2tog.) 9 times. K1. **2nd and alternate rows:** K1. Purl to last st. K1. **3rd row:** K1. (K11. K2tog.) 9 times. K1. **5th row:** K1. (K10. K2tog.) 9 times. K1. **7th row:** K1. (K9. K2tog.) 9 times. K1. Continue decreasing in this manner every alternate row to 29 sts. on needle. **Next row:** K1. Purl to last st. K1. **Next row:** K1. (K2tog.) 14 times. Break wool. Thread end through remaining sts. Draw up and fasten securely. Press carefully. Sew up seam.

### LADY'S TOQUE

**MATERIALS:** 4 ozs. SPECIAL HEAVY RED CROSS SERVICE YARN. Set of 4 No. 8 Knitting Needles (points at both ends).

Tension: 5 sts. =1 inch.

Check your tension—see page 2.

Cast on 92 sts. loosely (32. 32. 28.) **1st round:** ★K2. P2. Repeat from ★ to end of round. Repeat 1st. round for 3½ ins. **Next round:** Purl. Repeat 1st. round for 1 inch. Turn work inside out. Knit 3 ins. even dec. 2 sts. in last round.

**To shape crown:** **1st round:** ★K16. K2tog. Repeat from ★ to end of round. **2nd and alternate rounds:** Knit. **3rd round:** ★K15. K2tog. Repeat from ★ to end of round. **5th round:** ★K14. K2tog. Repeat from ★ to end of round. Continue decreasing in this manner every alternate round to 25 sts. in round. Break wool. Thread end through remaining sts. Draw up and fasten securely.

### LADY'S MOSS STITCH SCARF

**MATERIALS:** 4 ozs. SPECIAL LIGHT RED CROSS SERVICE YARN. Two No. 8 Knitting Needles.

**MEASUREMENTS:** Length 46 ins. Width 9 ins.

Tension: 6½ sts.=1 inch.

Check your tension—see page 2.

Cast on 52 sts. Knit 10 rows Garter st. **11th row:** K5. ★Inc. 1. st. in next st. K9. Repeat from ★ to last 7 sts. Inc. 1. st. in next st. K6. (57 sts. on needle). **12th row:** K1. ★P1. K1. Repeat from ★ to end of row. Repeat 12th row until work measures 45 ins. from beginning. **Next row:** K5. ★K2tog. K9. Repeat from ★ to last 8 sts. K2tog. K6. (52 sts. on needle). Knit 10 rows Garter st. Cast off.

### LADY'S ANKLE SOCKS With Double Heel and Flat Toe

**MATERIALS:** 3 ozs. SPECIAL LIGHT RED CROSS SERVICE YARN. Set of 4 No. 13 Steel Knitting Needles.

Tension: 9 sts.=1 inch.

Cast on 64 sts. loosely (20. 22. 22). Work 4 ins. ribbing (K1. P1). Knit 1 inch plain knitting.

**To make heel:** Knit first 16 sts. off 1st. needle and slip last 16 sts. off 3rd needle onto one needle. These 32 sts. are for heel. Divide remaining 32 sts. on 2 needles and leave for instep. Working on the 32 heel sts. proceed:—**1st row:** K1. P30. K1. **2nd row:** ★K1. Sl.1 being very careful not to tighten the wool behind the slipped sts. This prevents



a ridge. Repeat from ★ to last 2 sts. K2. Repeat these 2 rows 13 times (approx. 2 ins.). **Next row:** K1. P30. K1.

**To shape heel: 1st row:** K17. Sl1. K1. p.s.s.o. K1. Turn. **2nd row:** P4. P2tog. P1. Turn. **3rd row:** K5. Sl1. K1. p.s.s.o. K1. Turn. **4th row:** P6. P2tog. P1. Turn. Continue in this manner, working 1. st. extra every row until all sts. are on one needle, ending with purl row. (18 sts. on needle). Knit back 9 sts. This is centre of heel. Put instep sts. onto one needle. (This is 2nd needle). There are 9 sts. on each of 1st and 3rd needles and 32 sts. on 2nd needle.

**To shape instep: 1st needle:** K9. Pick up and knit 16 sts. along side of heel, inserting the needle through the knot formed by the st. knitted at beginning and end of each row. 25 sts. on 1st needle. **2nd needle:** Knit across the 32 instep sts. **3rd needle:** Pick up and knit 16 sts. along other side of heel. Knit remaining 9 heel sts. 25 sts. on 3rd needle. Proceed:—

**1st round:** Knit across each needle. **2nd round: 1st needle:** Knit to last 4 sts. K2tog. K2. **2nd needle:** Knit. **3rd needle:** K2. K2tog. t.b.l. Knit to end of needle. Repeat these 2 rounds until there are 16 sts. on each of 1st. and 3rd needles and 32 sts. on 2nd needle. (64 sts. in round). Continue even in plain knitting until work measures (from where sts. were picked up at heel):—5¼ in. for size 9. 5½ ins. for size 9½. 6¼ ins. for size 10.

**To shape toe: 1st round: 1st needle:** Knit to last 3 sts. K2tog. K1. **2nd needle:** K1. K2tog. t.b.l. Knit to last 3 sts. K2tog. K1. **3rd needle:** K1. K2tog. t.b.l. Knit to end of needle. **2nd and 3rd rounds:** Knit. Repeat these 3 rounds until there are 28 sts. in round. Knit the sts. of 1st. needle onto end of 3rd needle. Graft toe. For Grafting, see page 16.

## LADY'S PULLOVER With "V" or Round Neck

In 3 Sizes

**MATERIALS:** SPECIAL LIGHT RED CROSS SERVICE YARN. 10 ozs. for Size 34, 11 ozs. for Size 36, 12 ozs. for Size 38. Two No. 11 and two No. 9 Knitting Needles. One Stitch Holder.

### MEASUREMENTS:

Length from top of shoulder  
Length of sleeve underarm seam  
Tension: 7 sts.=1 inch.  
Check your tension—see page 2.

**Bust 34 ins. 36 ins. 38 ins.**

21½ ins. 22 ins. 22 ins.  
17 in. 17 ins. 17 ins.

## SIZE 36—PULLOVER With "V" Neck

**FRONT:** With No. 11 needles cast on 110 sts. Work 2½ ins. ribbing (K1. P1) inc. 1. st. at end of last row. Change to No. 9 needles and continue even in Stocking st. until work measures 6½ ins. from beginning ending with purl row.

**To make pocket tops: 1st row:** K7. (K1. P1) 13 times. K45. (P1. K1) 13 times. K7. **2nd row:** K1. P6. (P1. K1) 13 times. P45. (K1. P1) 13 times. P6. K1. Repeat 1st. and 2nd rows once, then 1st. row once. **6th row:** K1. P6. Cast off 27 sts. in ribbing. P43. Cast off 27

sts. in ribbing. P6. K1. Leave these sts. on spare needle until pockets have been worked.

**To make pockets:** With No. 9 needles cast on 27 sts. Work 4 ins. Stocking st. ending with purl row. Leave on st. holder. Make another pocket to correspond. Beginning again on sts. of Front knit across row, knitting across the pocket sts. in place of the cast-off sts. Continue even in Stocking st. until work measures 9 ins. from beginning ending with purl row. Inc. 1 st. each end of needle on next and every following 12th row to 113 sts. on needle. Continue even until work measures 14½ ins. from beginning ending with purl row.

Beginning again on sts. of Front knit across row, knitting across the pocket sts. in place of the cast-off sts. Continue even in Stocking st. until work measures 9 ins. from beginning ending with purl row. Inc. 1. st. each end of needle on next and every following 12th row to 119 sts. on needle. Continue even until work measures 14½ ins. from beginning ending with purl row.

**To shape armholes:** Cast off 3 sts. beginning next 6 rows, then dec. 1 st. each end of needle every alternate row to 95 sts. on needle ending with purl row. **To shape neck: 1st row:** K1. K2tog. K36. (K1. P1) 8 times. Knit to last 3 sts. K2tog. K1. **2nd row:** K1. P37. (P1. K1) 8 times. Purl to last st. K1. **3rd row:** K1. K2tog. K35. (K1. P1) 8 times. Knit to last 3 sts. K2tog. K1. **4th row:** K1. P36. (P1. K1) 8 times. Purl to last st. K1. **5th row:** K1. K2tog. K34. (K1. P1) 8 times. Knit to last 3 sts. K2tog. K1. **6th row:** K1. P35. (P1. K1) 8 times. Purl to last st. K1. **7th row:** K1. K2tog. K33. (K1. P1) 8 times. Knit to last 3 sts. K2tog. K1. **8th row:** K1. P34. (P1. K1) 8 times. Purl to last st. K1. **9th row:** K35. (K1. P1) 3 times. K1. K2tog. Turn. Working on these last 43 sts. and leaving remaining sts. on st. holder, proceed:—

**1st row:** (K1. P1) 4 times. Purl to last st. K1. **2nd row:** Knit to last 10 sts. K2tog. (K1. P1) 3 times. K2. Keeping a border of 8 sts. in ribbing at neck edge continue in Stocking st. dec. 1. st. at neck edge inside border every 4th row to 31 sts. on needle. Continue even until armhole measures 7½ in. from first shaping.

**To shape shoulder:** At armhole edge cast off 8 sts. every alternate row twice then 7 sts. once. Work 2 ins. ribbing on remaining 8 sts. Cast off in ribbing. Join wool at neck edge to sts. left on st. holder. Proceed:—

**1st row:** K2. (P1. K1) 3 times. Knit to end of row. **2nd row:** K1. Purl to last 8 sts. (P1. K1) 4 times. Dec. 1. st. inside border at neck edge on next row, continue to correspond to other side.

**BACK:** Omitting pockets, work exactly as given for front to 95 sts. on needle ending with purl row. Continue dec. 1. st. each end of needle on next and every alternate row to 87 sts. on needle. Continue even until armhole measures 7½ ins. from first shaping ending with purl row.

**To shape shoulders:** Cast off 8 sts. beginning next 4 rows then 7 sts. beginning following 2 rows. Cast off remaining sts.

**SLEEVES:** With No. 11 needles cast on 54 sts. Work 3½ ins. ribbing (K1. P1) increasing across last row to 62 sts. on needle. Change to No. 9 needles and continue in Stocking st. inc. 1. st. each end of needle on 9th and every following 8th row to 84 sts. on needle. Continue even until sleeve measures 17 ins. from beginning.



**To shape cap:** ★Cast off 2 sts. beginning next 2 rows, then 1. st. beginning following 2 rows. ★Repeat from ★ to ★ to 24 sts. on needle. Cast off. **TO MAKE UP:** Press pieces carefully. Sew all seams. Sew in sleeves. Sew pockets in position on wrong side.

## SIZE 36—PULLOVER With Round Neck

**FRONT:** Work exactly as given for Front of Size 36 Pullover with "V" Neck (see page 10) to 95 sts. on needle ending with purl row. Continue dec. 1 st. each end of needle on next and every alternate row to 87 sts. on needle. Continue even until armhole measures 5 ins. from first shaping ending with purl row.

**To shape neck:** K33. Turn. Leave remaining sts. on st. holder. Dec. 1. st. at neck edge every row to 23 sts. on needle. Continue even until armhole measures 7½ ins. from first shaping. Shape shoulder as given for Size 36 Pullover with "V" Neck.

Leaving next 21 sts. on st. holder work remaining sts. to correspond to other shoulder.

**BACK:** Work exactly as given for Back of Size 36 Pullover with "V" Neck but do not cast off sts. or break wool after shoulders are shaped.

**NECKBAND:** Sew left shoulder seam. With No. 11 needles and right side of work facing knit across sts. at back of neck. Pick up and knit 34 sts. along left side of neck. Knit across sts. at front of neck. Pick up and knit 34 sts. along right side of neck. Work 1 inch ribbing. (K1. P1). Cast off in ribbing.

**SLEEVES:** Work exactly as given for sleeves of Size 36 Pullover with "V" Neck.

**TO MAKE UP:** See Pullover with "V" Neck.

## LADY'S SLEEVELESS PULLOVER

### IN 3 SIZES

**MATERIALS:** SPECIAL LIGHT RED CROSS SERVICE YARN. 5 ozs. for Size 34, 6 ozs. for Size 36, 7 ozs. for Size 38. Two No. 11 and two No. 9 Knitting Needles. One Stitch Holder.

### MEASUREMENTS:

Length from top of shoulder

Bust 34 ins. 36 ins. 38 ins.

Tension: 7 sts.=1 inch.

20 ins. 20½ ins. and 20¾ ins.

Check your tension—see page 2.

## SIZE 36—SLEEVELESS PULLOVER

**MATERIALS AND MEASUREMENTS.** (See above.)

**FRONT:** With No. 11 needles cast on 104 sts. Work 3 ins. ribbing (K1. P1). Change to No. 9 needles and continue in Stocking st. inc. 1. st. each end of needle on 19th and every following 6th row to 118 sts. on needle. Continue even until work measures 10 ins. from beginning ending with purl row.

**To shape neck:** 1st row: K1. Inc. 1. st. in next st. K50. (K1. P1) 3 times. K2tog. (P1. K1) 3 times. Knit to last 2 sts. Inc. 1. st. in next st. K1. 2nd row: K1. P52. (K1. P1) 6 times. K1. Purl to last st. K1. 3rd row: K52. (P1. K1) 8 times. Knit to end of row. 4th row: K1. P50. (K1. P1) 8 times. K1. Purl to last st. K1. 5th row: K50.

(P1. K1) 10 times. Knit to end of row. 6th row: K1. P48. (K1. P1) 10 times. K1. Purl to last st. K1. Repeat 5th and 6th rows once. 9th row: K49. (K1. P1) 3 times. K1. Cast off 7 sts. in Moss st. K1. (P1. K1) 3 times. Knit to end of row. Working on last 56 sts. and leaving remaining sts. on st. holder, proceed:—

1st and alternate rows: K1. Purl to last 7 sts. (K1. P1) 3 times. K1. 2nd row: K1. (P1. K1) 3 times. K2tog. Knit to end of row. 4th row: K1. (P1. K1) 3 times. Knit to end of row.

**To shape armhole:** 1st row: K1. (P1. K1) 3 times. K2tog. Knit to last 9 sts. (K1. P1) 4 times. K1. 2nd row: K1. (P1. K1) 4 times. Purl to last 7 sts. (K1. P1) 3 times. K1. 3rd row: K1. (P1. K1) 3 times. Knit to last 11 sts. (K1. P1) 5 times. K1. 4th row: K1. (P1. K1) 5 times. Purl to last 7 sts. (K1. P1) 3 times. K1. 5th row: K1. (P1. K1) 3 times. K2tog. Knit to last 13 sts. (K1. P1) 6 times. K1. 6th row: K1. (P1. K1) 6 times. Purl to last 7 sts. (K1. P1) 3 times. K1. 7th row: K1. (P1. K1) 3 times. Knit to last 13 sts. (K1. P1) 6 times. K1. Repeat the 6th row once, then the 5th row once. 10th row: Cast off 6 sts. in Moss st. K1. (P1. K1) 3 times. Purl to last 7 sts. (K1. P1) 3 times. K1. 11th row: K1. (P1. K1) 3 times. Knit to last 9 sts. K2tog. (K1. P1) 3 times. K1. 12th row: K1. (P1. K1) 3 times. Purl to last 7 sts. (K1. P1) 3 times. K1. 13th row: K1. (P1. K1) 3 times. K2tog. Knit to last 9 sts. K2tog. (K1. P1) 3 times. K1. Keeping Moss st. borders at both edges, dec. 1. st. inside border at armhole edge every alternate row 7 times, at same time dec. 1. st. inside border at neck edge every 4th row 3 times. Keeping neck edge even dec. 1. st. inside border at armhole edge every 4th row twice. (31 sts. on needle). Still keeping borders at both edges continue even until armhole measures 8 ins. from first shaping.

**To shape shoulder:** At armhole edge cast off 8 sts. every alternate row 3 times. Work 2 ins. Moss st. on remaining 7 sts. Cast off. Join wool at neck edge to sts. left on st. holder. Proceed:—

1st row: K1. (P1. K1) 3 times. Purl to last st. K1. 2nd row: Knit to last 9 sts. K2tog. (K1. P1) 3 times. K1. Continue to correspond to other side being careful to have all shapings for opposite side.

**BACK:** Work exactly as given for Front to 118 sts. on needle. Continue even until work measures 10 ins. from beginning ending with purl row. Inc. 1. st. each end of needle on next row, then work 13 rows even ending with purl row.

**To shape armholes:** 1st row: K1. (P1. K1) 4 times. Knit to last 9 sts. (K1. P1) 4 times. K1. 2nd row: K1. (P1. K1) 4 times. Purl to last 9 sts. (K1. P1) 4 times. K1. 3rd row: K1. (P1. K1) 5 times. Knit to last 11 sts. (K1. P1) 5 times. K1. 4th row: K1. (P1. K1) 5 times. Purl to last 11 sts. (K1. P1) 5 times. K1. 5th row: K1. (P1. K1) 6 times. Knit to last 13 sts. (K1. P1) 6 times. K1. 6th row: K1. (P1. K1) 6 times. Purl to last 13 sts. (K1. P1) 6 times. K1. Repeat 5th and 6th rows once. 9th row: Cast off 6 sts. in Moss st. K1. (P1. K1) 3 times. Knit to last 13 sts. (K1. P1) 6 times. K1. 10th row: Cast off 6 sts. in Moss st. K1. (P1. K1) 3 times. Purl to last 7 sts. (K1. P1) 3 times. K1. 11th row: K1. (P1. K1) 3 times. K2tog. Knit to last 9 sts. K2tog. (K1. P1) 3 times. K1. Keeping Moss st. borders at both edges, dec. 1. st. inside borders every alternate row to 90 sts. on needle, then every 4th row to 86 sts. on needle. Continue even



until armhole measures 8 ins. from first shaping ending with purl row.  
**To shape shoulders:** Cast off 8 sts. beginning next 6 rows. Cast off remaining sts.

**TO MAKE UP:** Press all pieces carefully. Sew side and shoulder seams. Sew ends of ribbing across back of neck.

## LADY'S PULLOVER With Turtle Neck

Size 36-38

**MATERIALS:** SPECIAL LIGHT RED CROSS SERVICE YARN. 12 ozs. Two No. 11 and two No. 9 Knitting Needles. Set of 4 No. 11 Steel Knitting Needles (points at both ends). One Stitch Holder.

**MEASUREMENTS:** Bust 36-38 ins. Length from top of shoulder 22 ins. Length of sleeve underarm seam 17 ins.

Tension: 7 sts.=1 inch.

**FRONT:** With No. 11 needles cast on 118 sts. Work  $3\frac{1}{2}$  ins. ribbing (K1. P1) inc. 1. st. at end of last row. Change to No. 9 needles and continue even in Stocking st. until work measures  $14\frac{1}{2}$  ins. from beginning, ending with purl row.

**To shape armholes:** Cast off 4 sts. beginning next 6 rows, then dec. 1. st. each end of needle every alternate row to 91 sts. on needle. Continue even until armhole measures  $6\frac{1}{2}$  ins. from first shaping ending with purl row.

**To shape neck:** K29. Turn. Leave remaining sts. on st. holder. Dec. 1. st. at neck edge every row to 24 sts. on needle. Continue even until armhole measures  $7\frac{1}{2}$  ins. from first shaping.

**To shape shoulder:** At armhole edge cast off 8 sts. every alternate row 3 times.

Leaving next 33 sts. on st. holder work remaining sts. to correspond to other shoulder.

**BACK:** Omitting neck shaping, work exactly as given for Front to shoulder, ending with purl row.

**To shape shoulders:** Cast off 8 sts. beginning next 6 rows. Do not break wool.

**COLLAR:** Sew shoulder seams. Using set of 4 needles with points at both ends knit across sts. at back of neck, pick up and knit 18 sts. along side of neck, knit across sts. at front of neck, pick up and knit 18 sts. along other side of neck. Working in rounds of ribbing (K1. P1) work  $2\frac{1}{2}$  ins. for single turtle collar or 5 ins. for rolled turtle collar. Cast off loosely in ribbing.

**SLEEVES:** With No. 11 needles cast on 54 sts. Work  $3\frac{1}{2}$  ins. ribbing (K1. P1) increasing across last row to 62 sts. on needle. Change to No. 9 needles and continue in Stocking st. inc. 1. st. each end of needle on 9th and every following 8th row to 84 sts. on needle. Continue even until sleeve measures 17 ins. from beginning.

**To shape cap:** ★Cast off 2 sts. beginning next 2 rows, then 1 st. beginning following 2 rows.★ Repeat from ★ to ★ to 24 sts. on needle. Cast off.  
**TO MAKE UP:** Press all pieces carefully. Sew all seams. Sew in sleeves.

## LADY'S GLOVES

**MATERIALS:** 2 ozs. SPECIAL LIGHT RED CROSS SERVICE YARN. Set of 4 No. 13 Steel Knitting Needles (points at both ends).

**MEASUREMENTS:** Width all round hand at thumb  $6\frac{1}{2}$  ins.

Tension: 9 sts.=1 inch.

Check your tension—see page 2.

**RIGHT GLOVE:** Cast on 56 sts. loosely (18. 18. 20). Work 3 ins. ribbing (K1. P1). Knit 4 rounds plain knitting. Proceed:—

**To make gusset for thumb:** 1st round: P1. (Inc. 1. st. next st. K1.) twice. P1. Knit to end of round. ★★Next 3 rounds: Knit, purling the sts. which were purled in previous round. 5th round: P1. Inc. 1. st. in next st. Knit to the 2 sts. before the next purl st. Inc. 1. st. in next st. K1. P1. Knit to end of round.★★ Repeat from ★★ to ★★ until there are 18 sts. between the 2 purled sts. Next 2 rounds: Knit, purling the sts. which were purled in previous round. Next round: K1. Cast on 4 sts. Slip next 18 sts. onto a thread and leave for thumb. Knit to end of round. Knit 20 rounds. Proceed:—

**To make fingers:** 1st finger: Knit first 5 sts. Slip all but last 11 sts. onto a thread. Cast on 3 sts. Knit last 11 sts. Divide these 19 sts. on 3 needles. Join in round. Knit  $2\frac{1}{2}$  ins. plain knitting. Next round: (K2tog.) 9 times. K1. Break wool. Thread end through remaining sts. Draw up and fasten securely. Finish all fingers and thumb in same manner.

2nd finger: Knit next 7 sts. of round. (Front of glove). Cast on 2 sts. Knit last 7 sts. of round and pick up and knit 3 sts. at base of 1st finger. Divide these 19 sts. on 3 needles. Knit 3 ins. Next round: (K2tog.) 9 times. K1.

3rd finger: Knit next 7 sts. of round. Cast on 3 sts. Knit last 7 sts. of round and pick up and knit 2 sts. at base of 2nd finger. Divide these 19 sts. on 3 needles. Knit  $2\frac{1}{2}$  ins. Next round: (K2tog.) 9 times. K1.

4th finger: Knit remaining sts. from thread. Pick up and knit 4 sts. at base of 3rd finger. Divide these 16 sts. on 3 needles. Knit  $2\frac{1}{4}$  ins. Next round: (K2tog.) 8 times.

**The Thumb:** Knit the 18 sts. which were left for thumb and pick up and knit 4 sts. at base of thumb. Divide these 22 sts. on 3 needles. Next round: Knit, dec. twice over the 4 sts. which were picked up at base of thumb. (20 sts. in round). Knit  $2\frac{1}{4}$  ins. Next round: (K2tog.) 10 times.

**LEFT GLOVE:** Work as given for Right Glove until fingers are reached. Proceed:—

**To make fingers:** 1st finger: Knit first 16 sts. Slip remaining sts. onto a thread. Cast on 3 sts. Divide these 19 sts. on 3 needles. Join in round. Finish finger and work remainder of glove as given for Right Glove, beginning at back of glove to knit up sts. for remaining fingers.



## ABBREVIATIONS

**KNITTING:** K=knit plain. P=purl. p.s.s.o.=pass slip stitch over. Sl.=slip. Wl.fwd.=wool forward. tog.=together. ins.=inches. dec.=decrease. inc.=increase. t.b.l.=through back of loops.

*The Star symbol*—★ This indicates that the directions immediately following are to be repeated. When directions call for repeating a given number of times, it is understood this is in addition to the original. Thus, repeat 3 times means 4 times altogether.

*To knit "even"*—The row or work is knitted without increasing or decreasing.

**Important:** When the instructions read—Cast off 2 sts. K2. (or similar sts.) the stitch on the right hand needle after casting off, is counted as 1 stitch.

## TRADUCTION FRANCAISE DES ABBREVIATIONS ET POINTS EMPLOYES

K=Tricoter à l'endroit. P=Tricoter à l'envers. p.s.s.o.=Passer la maille glissée par dessus. Wl.fwd.=Une maille jetée à l'endroit. Tog.=Ensemble. Ins.=Pouces. Dec.=Diminuer. Inc.=Augmenter. t.b.l.=Tricoter par derrière la maille.

*To knit even*—Tricoter sans augmenter ni diminuer.

*The star symbol* ★—L'astérisque indique que les directions qui suivent doivent être répétées. Si on demande de répéter un certain nombre de fois, il est entendu que c'est en plus de l'original, tel que ★ répéter 3 fois veut dire 4 fois en tout.

ARMHOLE—Emmanchure. NECK EDGE—Encolure. CAST OFF—Rabattre. GARTER STITCH—Point de jarretière, tous les rangs à l'endroit. STOCKING STITCH—Point Jersey. Un rang à l'endroit. Un rang à l'envers. MOSS OR SEED STITCH—ler rang. 1 maille à l'endroit. 1 maille à l'envers. 2e rang=1 maille à l'envers vis-à-vis des mailles à l'endroit et 1 maille à l'endroit vis-à-vis de mailles à l'envers.

## GRAFTING

Break wool leaving an end 12 ins. long. Thread end through a wool needle. ★Inserting the wool needle as if for knitting into 1st. st. of front needle, draw it through the st. and slip the latter off the needle; inserting the needle, as if for purling into the 2nd st. of front needle, draw the wool through and let the st. remain on the needle; taking the wool under front needle and inserting the wool needle, as if for purling, into 1st. st. of back needle, draw the wool through this st. and slip the latter off the needle; inserting the needle as if for knitting, into the 2nd st. of back needle, draw the wool through and let the st. remain on the needle; bring the wool forward under the needle and repeat from ★ until all sts. are worked off, darning in the end of wool securely.