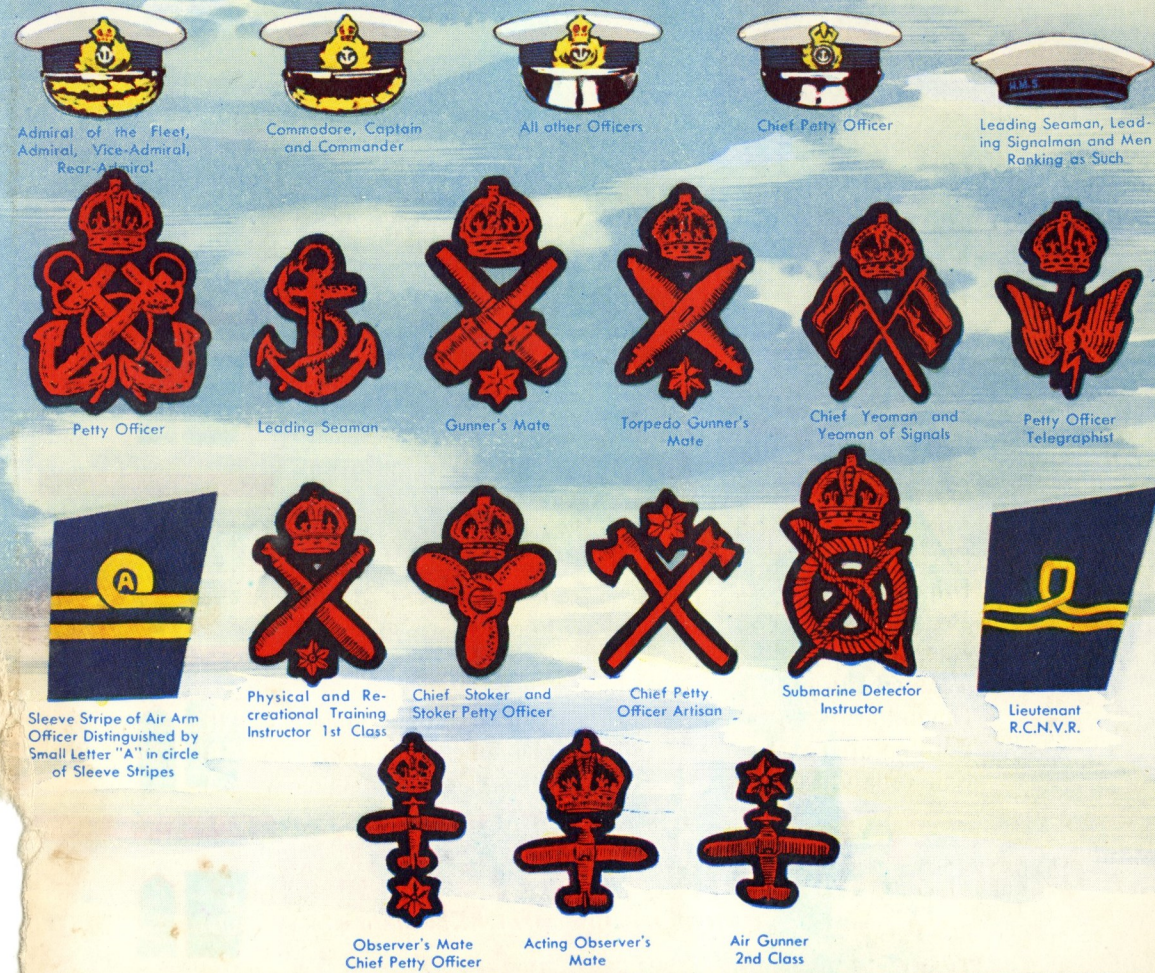


INSIGNIA AND BADGES OF THE R.C.N.



THE R.C.N.



NAVAL RANKS



Murray's
LUNCH LIMITED

GOOD FOOD

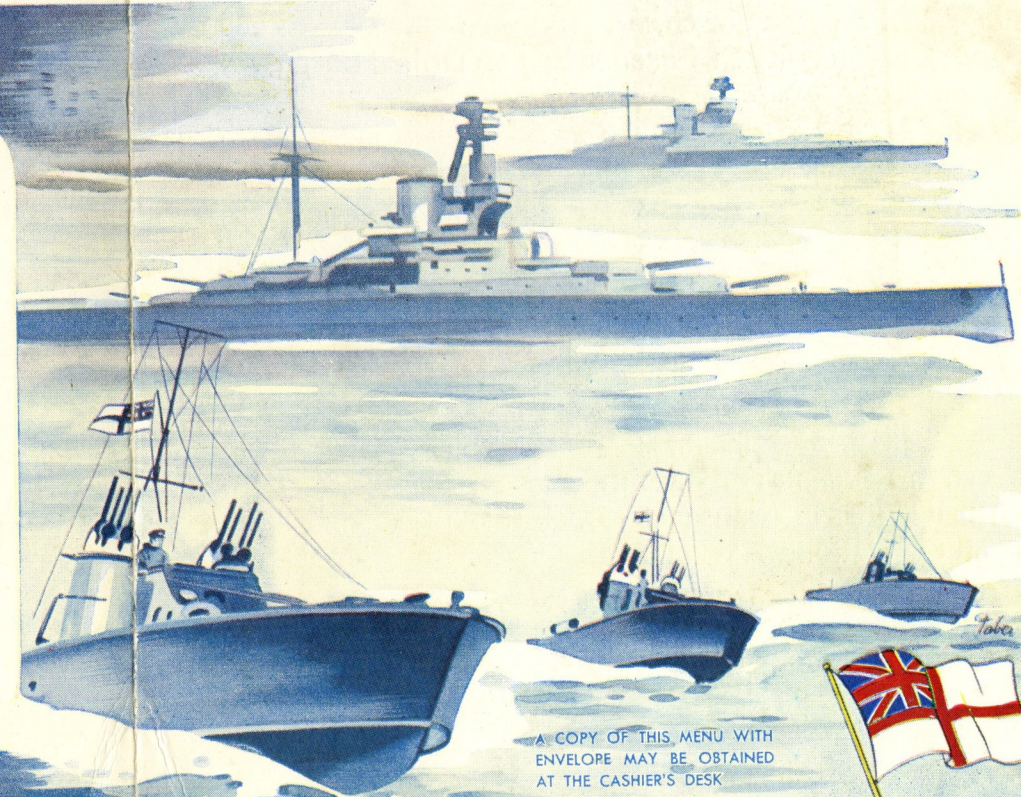
MONTREAL

640 St. Catherine St. W. - University Tower
 962 St. Catherine St. W. - At Loew's Theatre
 1394 St. Catherine St. W. - At Bishop Street
 2193 St. Catherine St. W. - At the Forum
 5011 Sherbrooke St. W. - At Claremont Ave.
 389 St. James St. W. - Near McGill Street
 457 St. Peter Street - Below Notre Dame St.
 5661 Park Avenue - Near Bernard Ave.

TORONTO

62 Front Street - East of Royal York
 770 Yonge Street - At Bloor
 1500 Yonge Street - At St. Clair
 Park Plaza Hotel - Avenue Rd. & Bloor St.
 SUDBURY - Hotel Coulson
 OTTAWA - 206 Queen Street at Bank

2016.47



A COPY OF THIS MENU WITH ENVELOPE MAY BE OBTAINED AT THE CASHIER'S DESK

THE R.C.N. ENSIGN

LUNCHEON MENU

- Fruit Cocktail - - - .10
- Tomato Juice - - - .10
- Grapefruit Juice - - - .10

SUMMER SALADS
and COLD MEATS

- Served with Home-Made Rolls or Muffins
- Combination Fresh Vegetable - - - .35
 - Cold Salmon, Mayonnaise - - - .40
 - Fresh Fruit Salad - - - .40
 - Cold Boiled Ham, Potato Salad, Sliced Tomato - - .40
 - Lettuce, Tomato and Egg - - - .35
 - Queen Salad Chopped Fruit and Cottage Cheese - - .35
 - Cold Chicken, Vegetable Salad, Sliced Tomato - - .60
 - Cooked Vegetable - - - .30
 - Windsor Salad, Tomato, Beet, Cottage Cheese - - .35
 - Roast Prime Ribs of Beef, Vegetable Salad - - .40
 - Sliced Corned Beef, Potato Salad, Horseradish - - .40
 - Lorna Doone Fruit Salad, Pineapple, Prune, Pear, Cottage Cheese .30

PREPARED DISHES

- Served with Home-Made Rolls or Muffins.
- Roast Prime Ribs of Beef, Choice of Vegetable, Mashed Potatoes - - - .45
 - Fresh Vegetable Plate, - - - .35
 - Poached Finnan Haddie, Mashed Potatoes (10 Minute Service) - - .35
 - Hot Roast Beef Sandwich, Mashed Potatoes (No Rolls) - - .30
 - Fresh Garden Spinach, Poached Egg and Grilled Bacon .35
 - Baked Beans, with Buttered Brown Bread - - - .25
 - Spaghetti with Tomato Sauce - - - .25

FROM THE GRILL

- Freshly prepared after you order (10 Minute Service)
Served with Home-Made Rolls or Muffins.
- Panned Halibut Steak, Cottage Fried Potatoes - .40
 - Chicken Mixed Grill, French Fried Potatoes - .50
 - Grilled Tenderloin Steak, Garnished with Vegetables .70
 - Minced Sirloin of Beef, French Fried Potatoes - - .30
 - Calves' Liver and Bacon, Mashed Potatoes - - .40
 - Fresh Mushrooms and Bacon, French Fried Potatoes - - .45
 - Grilled Pure Pork Sausages (3), Mashed Potatoes - - .30
 - Ham Omelette, French Fried Potatoes - - .40
 - Grilled Pork Chop, Apple Sauce, Mashed Potatoes - - .40
 - Grilled Ham Steak, French Fried Potatoes - - .35
 - Two Grilled Lamb Chops, Green Peas, Cottage Fried Potatoes .65

Make it a family custom

Dine out once a week

EGG and BACON DISHES

- Served with French Fried Potatoes and Buttered Toast or Home-Made Rolls.
- Two Eggs, Scrambled, Poached or Fried - - .30
 - Spanish Omelette - - - .40
 - Grilled Bacon and 2 Eggs - - .40
 - Grilled Ham and 2 Eggs - - .40
 - Grilled Bacon (8 pieces) - - - .30
 - Scrambled Eggs, with Jelly - - .30

FRESH VEGETABLES

- Green Beans - - - .10
- Buttered Carrots - .10
- Fresh Garden Spinach .10
- Pickled Beets - - - .10
- Sliced Tomatoes - .15
- Sauté Mushrooms - .20

SANDWICHES

- Toasted Three Decker Grilled Bacon and Tomato, Mayonnaise .30
- Corned Beef on Brown Bread with Dill Pickle - - .15
- Sliced Ham - - - .15
- Fried Egg - - - .15
- Roast Beef - - - .15
- Chopped Egg - - .10
- Toasted Bacon - - .15
- Pimento Cheese - - .10
- Sardine on Toast - - .20
- Salmon and Lettuce - .15
- Chicken Salad, Mayonnaise .20
- Toasted Ham and Egg - .25
- Peanut Butter - - .10
- Grilled Salmon - - .15
- Toasted Bacon and Egg .25
- Tomato and Lettuce - .15
- Grilled Canadian Cheese .10
- Sliced Breast of Chicken .30

GRIDDLE SPECIALTIES

- Served with Creamery Butter and Pure Maple Syrup
- Two Griddle Cakes, Grilled Pork Sausages (2) - .25
 - Old Fashioned Griddle Cakes (3) - - - .20

BREADS

- Hot Buttered Toast with English Lemon Cheese - - .15
- Home-Made Fruit Loaf (Toasted or Plain) - - .10

LONG COOL DRINKS

- Iced Tea - - - .10
- Iced Coffee - - - .10
- Iced Cocoa - - - .10
- Fresh Lemonade - - .15
- Fresh Orangeade - - .15
- Dry Ginger Ale - - .10
- Milk, Individual Bottle - - .10
- Fresh Buttermilk (Large Glass) - .10

HOT BEVERAGES

- Pot of Orange Pekoe Tea, with Cream .10
- Hot Chocolate, Whipped Cream .10
- Coffee with Cream - - .10

We serve the famous London House Coffee exclusively.
MORE TEA OR COFFEE IS YOURS FOR THE ASKING

Sept 26/41
Glover Bldg
Helen Edson
Dick Lake
Marjorie Stewart
Leslie E. Sealey
after Casafome

ICE CREAM DISHES

- Fruit Salad Sundae - - - .15
- Vanilla Ice Cream - - - .10
- Chocolate Ice Cream - - - .10
- Chocolate Nut Sundae - - - .15
- Maple Nut Sundae - - - .15
- Butterscotch Sundae - - - .15

PIES AND CAKES

- Chocolate Layer Cake - - .10
- Fresh Apple Pie - - - .10
- Individual Mocha Cake - - .10
- Cocoanut Cream Pie - - .10
- Raisin Pie - - - .10
- Butterscotch Tart - - .10
- Old Canadian Cheese, served with Crisp Crackers - .10

FRUITS AND PUDDINGS

- Fresh Fruit Cup - - - .15
- Custard Rice Pudding - - .10
- Chilled Cup Custard, Strawberry Sauce - - .10
- Fruit Jelly with Whipped Cream .10
- Prunes in Syrup - - .10
- Kadota Figs in Syrup - - .15

A FEATURE DESSERT

Ruth McFarland

We are not responsible for articles lost or stolen.