INFORMATION

FOR

WIVES OF SOLDIERS

OVERSEAS



ISSUED BY THE REPATRIATION COMMITTEE

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COMING FROM OVERSEAS



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Information for the Wives of Soldiers coming from Overseas.

I. WELCOME.

(a) TO THOSE WHO ARE RETURN-ING TO CANADA.

Welcome back! Through the anxious days of the last four years we have borne together the strain and anxiety of war. Now we rejoice in a great victory and the safe home-coming of yourselves and your men. There is much yet to be done to make this country worthy of the price that has been paid, and, Canada to-day is looking to her women to show the same courage and faith in times of peace as in the days of war.

(b) TO THOSE WHO ARE COMING TO CANADA FOR THE FIRST TIME.

Canada offers you a sincere and friendly welcome. We are delighted to receive you as citizens. Just as the whole country appreciates the sacrifice and service of our men, so do we realize that with you, the future home-makers of this new land, rest tremendous possibilities of ennobling our National life. As a part of the beloved Commonwealth for which our soldiers have fought and died, we look to you to stand

for democracy and freedom, the heritage of the British people. Strange and new conditions may meet you, but assured of our understanding and sympathy, of our interest and desire to assist you, these will soon become but old friends with new faces. To you Canada the land of promise extends an open-handed, open-hearted greeting. She asks you to enter her gates with the same spirit of friendliness and with a determination to do your part.

In order that your journey to your home may be made with the greatest degree of comfort and safety the Repatriation Committee of the Canadian Government has compiled the following information for your use.

II. CLOTHING FOR CANADIAN CLIMATE.

The climate of Canada varies in different localities. She is not always, as many think, "Our Lady of the Snows," but it would be well to provide yourselves before leaving England with warm stockings and gloves, rubbers, goloshes, and a sweater, and outside coat, umbrella and a small comfortable hat or cap for travelling. If you intend to remain in the Maritime Provinces, or British Columbia, you may

expect somewhat the same climate as in England. If your home is to be in Quebec or the Western Provinces, probably colder weather will be the rule; while in Ontario the climate varies considerably between the northern and southern parts. The summers in all the Provinces are delightful, lasting on an average from May until October.

III. YOUR PASSAGE.

(a) THE GOVERNMENT PAYS-

The expense of passage of the wife, and children under eighteen years of age, of any member of the Canadian military and naval forces, sailing after November 11, 1918.

The passage consists of third-class accommodation on ship, with corresponding rail fare from your present address in the United Kingdom or Europe to the port of sailing and from the port of landing to destination in Canada.

(a) YOU WILL BE EXPECTED TO PAY—

For food and other incidental expenses on the train before sailing and on the train in Canada. You may, if you desire and if space is available on board, secure accommodation in a better class either on ship or on train by paying the difference between the class of transportation allowed by the Government, and the class by which you desire to travel. You should decide before leaving the United Kingdom the class of rail accommodation you desire in Canada.

Although all arrangements as to passage are made by the Immigration Department, Immigration Regulations do not generally apply to soldiers' dependents whether they have been in Canada before or not, but it will be necessary to appear before the Immigration officials in the same way as ordinary travellers arriving in Canada. (This is for census purposes).

Further information as to accommodation and sailings will be given to you, your husband or friends at any of the following Emigration Offices in Great Britain and Ireland:—

ENGLAND-

Birmingham—A. O'Kelley, 139 Corporation St.

Bristol—John Cardale.
Cardiff—S. W. Pugh, 28 High St.
Carlisle—Wm. Griffith, 54 Castle St.

Liverpool—Fred. W. Kerr, 48 Lord St. London, S.W.I.—J. Obed Smith, 11-12 Charing Cross.

Peterborough—Can. Govt. Agent, Market St.

York-J. H. Lough, 16 Parliament St.

SCOTLAND-

Aberdeen—G. C. Archibald, 115 Union St.

Glasgow-T. J. Campbell, 107 Hope St.

IRELAND-

Belfast—John W. Webster, 17 Victoria St.

Dublin-Edw. O'Kelly, 44 Dawson St.

Refund of passage money is provided by the Government to those sailing on or after the 11th of November, 1918. Application for refund for—

- (1) Soldiers' Dependents—Should be made to the Director of Separation Allowance and Assigned Pay Department, Canadian Building, Ottawa, Ont.
- (2) Sailors' Dependents—Should be made to the Secretary of the Department of Naval Service, Ottawa, Ont.
- (3) Those sailing on November 20, 1918, on the ss. "Scandanavian" or the ss. "Metagama" should make their appli-

cation to the Department of Immigration and Colonization, Ottawa, Ont.

In spite of enormous difficulties, everything possible is done on the ship to make your ocean voyage comfortable. There is a great shortage of tonnage owing to the submarine warfare and consequently very little time is allowed between voyages for the overhauling of sl.ips.

IV. AT DOCK IN CANADA.

(a) WELCOME COMMITTEES.

At each of the landing ports there is a Women's Welcome Committee who will, after extending to you a cordial welcome, make your landing and journey in Canada as comfortable as possible by—

(a) MINDING YOUR BABIES.

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- (b) HELPING YOU TO FIND YOUR LUGGAGE.
- (c) PROVIDING YOU WITH ANY NECESSARY RELIEF AND ASSISTANCE IN OBTAINING FOOD FOR USE ON THE TRAINS, MILK FOR BABIES, ETC.

These Committees have fitted up in roons at the dock:—

(a) A Dornitory with Beds, where you can lie down and rest until your train leaves.

- (b) A Babies Room, where you may feed your baby, or leave it while you are passing the Immigration Officials, buying your ticket, or locating your baggage.
- (c) A Rest Room, where you may buy refreshments, and make yourself comfortable while waiting for your train.

AT HALIFAX, N.S.—This Committee is composed of a group of women who have met every boat for the past eighteen months. They are in close touch with the Patriotic Fund, Red Cross and Hospitals.

AT ST. JOHN, N.B.—The Committee is composed of a group of women representing some fifteen Patriotic Organizations, among which are the Salvation Army, Patriotic Fund, Red Cross, Y.W.C.A. and I.O.D.E.

AT QUEBEC AND MONTREAL.— Similar Committees will be formed as soon as navigation opens to these ports.

(b) IMMIGRATION OFFICIALS.

The Immigration Department have detailed two Immigration Officers to accompany each of the special trains.

These officials will furnish you with information as to—

The hour of arrival and length of stop at stations where there are lunch counters. How to prepare sleeping accommodation on Colonist cars, etc.

These Immigration Officers will also forward wires of notification to the different reception committees at the more important centres, stating whether or not you require accommodation and assistance until you are established in your own home.

(c) TICKETS.

After you pass the Immigration Authorities you will secure your ticket at any of the Railway Offices situated in the dock buildings by exchanging your order for it.

(d) TRAVEL.

Special trains provided for dependents are equipped with colonist cars. The seats of the colonist cars are so arranged that they may be made easily into beds, and the Immigration Authorities will furnish you free with mattresses, blankets and pillows from the Military Stores.

If you wish to secure a better class of accommodation on the train, you may do so if it is available, by paying the difference between that supplied by the Government and the class desired.

(e) BAGGAGE (LUGGAGE).

After the ship docks your baggage will be placed on the dock. After you have

passed the Immigration Authorities and secured your ticket you will then go down to the dock-shed and identify your own baggage which will be placed under the initial of your surname.

You will be given a check for your baggage, and you do not need to trouble about it any further as the Railway officials will place it in the baggage car, and transfer it at any necessary points. It will reach the destination marked on your ticket at, or about, the same time as you do.

When identifying your baggage at dock you should take your ticket, as the Railway authorities will require it before they can check your baggage.

BE SURE TO RETAIN YOUR CHECK AS IT WILL BE NECESSARY TO HAVE IT WHEN CLAIM-ING YOUR BAGGAGE.

When you arrive at your destination you should claim your baggage within twentyfour hours. Railway officials or Reception Committees at the station will advise you where it is located.

(f) DISTANCES IN CANADA.

The following is the regular time spent in travelling between the points mentioned, but special trains are often delayed and it is unwise to conclude that you will always arrive at your destination in the time set out in the following schedule:-

To Montreal-

From St. John, N.B., 18 hours. From Halifax, N.S., 1 day, 3 hours.

To Ottawa-

From St. John, N.B., 21 hours. Halifax, N.S., 1 day, 6 hours. From Montreal, Que., 3 hours.

To Toronto-

From St. John, N.B., 1 day, 4 hours. From Halifax, N.S., 1 day, 13 hours. From Montreal, Que., 10 hours.

To Fort William-

From St. John, N.B., 2 days, 6 hours. From Halifax, N.S., 2 days, 15 hours. From Montreal, Que. 1½ days.

To Winnipeg-

From St. John, N.B., 2 days, 18 hours. From Halifax, N.S., 3 days, 3 hours. From Montreal, Que., 2 days.

To Regina-

From St. John, N.B., 3 days, 4 hours. From Halifax, N.S., 3 days, 13 hours. From Montreal, Que., 2 days, 10 hours.

To Saskatoon-

From St. John, N.B., 3 days, 12 hours. From Halifax, N.S., 3 days, 21 hours. From Montreal, Que., 2 days, 14 hours.

To Prince Albert-

From St. John, N.B., 3 days, 19 hours. From Halifax, N.S., 4 days, 4 hours. From Montreal, Que., 3 days, 1 hour.

To Edmonton-

From St. John, N.B., 4 days, 6 hours. From Halifax, N.S., 4 days, 15 hours. From Montreal, Que., 3½ days.

To Calgary—

From St. John, N.B., 4 days, 1 hour. From Halifax, N.S., 4 days, 10 hours. From Montreal, Que., 3 days, 7 hours.

To Vancouver-

From St. John, N.B., 5 days, 4 hours. From Halifax, N.S., 5 days, 13 hours. From Montreal, Que., 4 days, 10 hours.

To Victoria-

From St. John, N.B., 5 days, 9 hours. From Halifax, N.S., 5 days, 18 hours. From Montreal, Que., 4 days, 15 hours.

(g) MEALS ON THE TRAINS IN CANADA.

You will notice from the above schedule that you will be a considerable time on the train in reaching almost any point in Canada. You may obtain your meals while travelling in three ways:

- (1) On the Diner or Restaurant Car where meal tickets can be secured for use at 75 cents per meal for Table D'Hote meals.
- (2) At various station restaurants en route. The train stops for twenty minutes for this purpose, but only a hurried meal can be obtained.
- (3) By purchasing a supply of food and carrying it with you on the train.

Lunch baskets containing good food may be purchased in the Immigration buildings at Port of arrival, and a fresh supply will be procurable at points en route. The Immigration Officer will be able to give you information about this.

You are warned that if you are not in a financial position to patronize the diner or restaurant car, you should buy a sufficient food supply for the journey.

Hot tea and coffee can be secured on trains. Boxes containing sufficient food for two persons for two days can be bought from the caterer at St. John for \$2. Similar packages are obtainable from the Canadian Pacific Railway at Montreal, Winnipeg and Calgary.

V. TRAIN CONNECTIONS.

In going to many parts of Canada it will often be necessary for you to change trains or to wait at connecting points for trains to your particular destination.

The Immigration Officials on trains have instructions to wire the Reception Committees at those points where you will make a change of trains. The Committee will then meet you and provide accommodation until your train leaves. They will also assist you in getting the time of departure of your train and in every other way possible.

The Reception Committees at these points, or at your destination will wear a special badge showing that they belong to the Reception Committee, the Red Cross or the Patriotic Fund. You are urged to make yourself known to any member of these Committees or Organizations. If there is no Committee present the Immigration Officials will make the necessary arrangements for your accommodation while waiting for your train.

VI. DESTINATION.

(1) ARRIVAL AT DESTINATION. (Reception Committees have been organized in all the cities and larger towns. Representatives of the Patriotic Fund,

Red Cross, Y.W.C.A. and other Societies co-operate on these Committees and usually have representatives at the arrival of each train—

- (a) TO WELCOME YOU.
- (b) TO PROVIDE YOU WITH TEMPORARY ACCOMMODATION.
- (c) TO TAKE YOU TO YOUR HOME IF SUCH IS ALREADY ESTABLISHED.
- (d) TO RENDER WHATEVER IMMEDIATE ASSISTANCE Al ") RELIEF YOU MAY REQUIRE.
- (e) TO VISIT YOU IND SEE THAT EVERY ATTENTION HAS BEEN GIVEN TO MAKE YOUR ARRIVAL AND SETTLEMENT IN CANADA AS COMFORTABLE AND AS EASY AS POSSIBLE.

(2) RELIEF.

If you need financial assistance you are eligible to draw an allowance from the Patriotic Fund as long as your husband is in the Army.

The Canadian Patriotic Fund has branches in all the cities, large towns, and many of the smaller towns and villages throughout Canada. The purpose of the Fund is to enable soldiers' dependents to live at a moderate standard of comfort.

If you need assistance call at the office of the Patriotic Fund immediately after your arrival. The street address of the Fund can always be obtained from the Post Office.

(3) HOUSING.

Every assistance will be given you by the Patriotic Fund or members of the Reception Committee in obtaining a house, but the advertisements in the newspapers will help you in getting the names of particular rental agents and the location of houses.

VII. MILITARY PAY AND ALLOWANCE.

Any inquiries as to your Military Pay and allowance should be addressed as follows:—

- (1) If your husband is still overseas write the Separation Allowance and Assigned Pay Department, Ottawa, Ont.
- (2) If your husband is in Canada you, or your husband, should communicate with the Paymaster of the District in which you are living.

VIII. CHANGING OF MONEY.

At the port of landing the Bank of Montreal has a representative at the dock who will charge your money. If you do not have your money changed by the time you reach your destination you should go to the nearest Bank and they will make arrangements to have it changed without any great trouble to you.

IX. TO WHOM IT IS SAFE TO SPEAK.

It is not always wise or safe to speak to everyone when travelling or at your destination, but it is always wise and safe to ask for information or assistance from:

(1) The Conductor or Employees on the train on which you are travelling.

(2) Any Immigration Official who is distinguished by uniform and badge on his cap with the words "Immigration Officer."

- (3) Y.W.C.A. Travellers Aid, Red Cross or Patriotic Fund Representatives who wear on the arm or hat a badge indicating their duties.
- (4) Any policeman at the station or in a city or town.

If you are in difficulties and need assistance or advice after you have settled in your home you should get in touch with—

- (a) THE PATRIOTIC FUND.
- (b) THE RED CROSS.
- (c) THE Y.W.C.A.
- (d) THE G.W.V.A.
- (e) THE CLERGYMAN OF YOUR CHURCH,
- (f) THE MAYOR OF YOUR TOWN.

X. CHURCHES.

There is no quicker and better way of becoming acquainted than by joining the church of your own particular denomination. If you have letters from churches or chapels in England you should at once make yourself known to the nearest clergyman of your denomination and he will doubtless be pleased to call upon you and make you acquainted with the various activities of that church.

XI. HEALTH.

You will find in each of the larger cities and in many of the larger towns many municipal health agencies, and you are asked to avail yourselves of their benefits. By applying to the City Health Officer or the Mayor you will be advised as to the addresses of—

- (1) CLINICS FOR CARE OF HEALTH OF BABIES.
- (2) MILK DEPOTS.
- (3) CLINICS WHICH ARE ESTABLISHED AT SCHOOLS IN EACH OF THE LARGER TOWNS, WHERE THE CARE OF CHILD-REN'S TEETH IS GIVEN ATTENTION.