Seria SOLDIER OF SAILOR. 1. Holder's Rank Name 2. Unit or Ship 3. Proceeding from. 4. Beginning of leave or duty 5. End of leave or duty... 6. Is holder proceeding at end of leave or duty on Active Service Abroad or Service Afloat? 7. Signature and Rank? of Officer issuing 8. Unit or Ship of Officer issuing N. 9 (Revised).

INSTRUCTIONS TO HOLDER.

1. Each coupon in this book, other than meat coupons, represents one week's civilian ration. The meat coupons entitle you to purchase meat at a shop according to the official Table of

Equivalent Weights displayed in the shop. A coupon or halfcoupon may be used to buy a meat meal anywhere. 2. The book is not transferable. You must produce the

book whenever you buy any rationed food, or a meat meal. The seller will detach coupons. Coupons already detached are useless. 3. You must spread your coupons over the full period of leave and of your journey out and back. No fresh book will be issued to you. If the period of your leave or duty is extended, you must take this book, with the document authorizing the extension of leave or duty, to the Local Food Office, who will issue an Emergency Card to cover the remainder of your leave or duty. This book ceases to be valid at the expiration of your leave or duty as indicated by the date entered PENALTIES FOR MISUSE. -£100 or Six months' imprisonment, or both.

BUTTER AND MARGARINE. CHEESE One week's (if rationed). (if rationed). Ration or s S. or S MEAT MEAT LARD. One week's BUTTER AND JAM Ration. MARGARINE. (if rationed). S. or S One week's Ration. S. or S. S. or S.

The second secon	CHEESE JAM BUTTER AND MARGARINE. One Week's One Week's Ration
I. Each coupon in this book, other than ne week's civilian ration. The meat	Leaf 3. (if rationed) (if rationed) (if rationed) S. or S. S. S. Or S. S. S. Sugar.
and a second sec	SPARE II. One week's Ration
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ave or duty as i on the front of t	8 or S TEA. JAM One week's
lent, or both.	CHESE (if rationed). Ration Ration S. or S. S. or S.
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INSTRUCTIONS TO SELLER.

- I. Each coupon in this book, other than the meat coupons, represents the civilian weekly ration for the time being in force.
- 2. Each meat coupon has the same value as a coupon in the Adult's Ration Book (B).
- 3. The seller must detach the proper number of coupons for the amount sold.
- 4. This book is valid only during the period of leave or duty, which is indicated by the dates entered opposite 4 and 5 on the front cover.

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